Annual General Meeting
of the
Division of Clinical Psychology
Faculty of Psychosis and Complex Mental Health

Agenda

BPS London Office
30 Tabernacle Street
London EC2A 4UE

Wednesday 11 November 2015
1.30pm

Please note the change in time
Agenda

The Annual General Meeting of the Division of Clinical Psychology - Faculty of Psychosis and Complex Mental Health will be held on Wednesday 11 November 2015, 1.30pm at The British Psychological Society London Office, 30 Tabernacle Street, London, EC2A 4UE

Please note the change in time

1. Welcome and introduction

2. Declaration of interest

3. Minutes of AGM held on Wednesday 4 November 2014

4. Matters arising from previous minutes

5. Reports:
   5.1. Chair’s report
   5.2. Honorary Treasurer’s report

6. Reports for information
   6.1. Other committee members’ reports

7. Election of Officers & Committee members
   7.1. Honorary Treasurer
   7.2. Assertive Outreach Lead
   7.3. Co-Chair Family Interventions Lead
   7.4. Co-Chair Rehabilitation & Recovery Lead
   7.5. Early Interventions Lead
   7.6. Social Inclusion Lead
   7.7. Personality Disorder Lead
   7.8. Workforce Development Lead
   7.9. User Carer Involvement Lead
   7.10. Co-Research Lead
   7.11. Diversity officer
   7.12. North East Branch Lead

Docs.
Declaration of Interest

All members who wish to undertake work for the Society are required to complete a declaration of interest form so that the Society can hold a register of members' interests for all boards, committees, standing committees and working groups in order to comply with Charity Commission guidelines. This also applies to members that want to contribute to meetings such as AGMs.

Where members and representatives have identified a conflict of interest, they must declare it and withdraw from consideration of any related matters. This is to assure the public and members of the Society that our professional, legal and financial responsibilities are carried out in an impartial and transparent way. It also protects members and representatives who support Society activities, by demonstrating transparency and impartiality in the decision making process.

Details and the appropriate online forms can be found via OCRA:

- http://ocra.bps.org.uk/ocra/statementofinterest/
AGM Minutes (Draft)

Division of Clinical Psychology
Faculty of Psychosis and Complex Mental Health

Date & time: Wednesday 4 November 2014, 16:30
Place of meeting: BPS London Office, 30 Tabernacle Street, London EX2A 4UE

1. Introduction
   1.1. The Faculty Chair, Isabel Clarke, chaired the meeting and approximately 20 attended.

2. Declaration of interest
   2.1. There were no declarations of interest.

3. Minutes of the previous AGM held on 20 November 2013
   3.1. It was noted that the research post was not included on it.
   3.2. Apart from 3.1 the minutes of the Annual General Meeting held on 20th November 2013, were approved as a correct record.

4. Matters arising
   4.1. There were no matters arising.

5. Reports
   5.1. Chair’s report
      5.1.1. The meeting noted the report from the Chair
      5.1.2. Che Rosebert has been duly elected and will take over from Isabel.
   5.2. Honorary Treasurer’s report
      5.2.1. The meeting noted the report from the Treasurer
      5.2.2. The meeting noted that the membership had risen from 517 to 565.
      5.2.3. The issue of how to spend the reserves was discussed. Ideas suggested were continuing to fund research, fund more events, organise more collaborations with other organisations e.g. ISP and sponsor symposium at other conferences. Other ideas from the membership were welcomed.

6. Other reports for information
   6.1. The additional reports were noted for information. It was noted that the Secretary role will need filling in 2 years as Martin Horler will be stepping down. This gives someone the opportunity to shadow.
7. Election of Officers and Committee members

7.1. Chair
    7.1.1. Che-Louise Rosebert was elected unopposed as Chair.

7.2. Early Intervention Lead
    7.2.1. Susie Ackner was co-opted to EI Lead and Chris Harrop’s would be consulted to see if he would co-lead with Susie.

7.3. Workforce Development Lead
    7.3.1. Amra Rao was co-opted into Workforce Development Lead.

7.4. Co-Chair Rehabilitation & Recovery Lead
    7.4.1. Nicola Gawn was elected as Rehabilitation & Recovery Co-Lead to replace Tom Barker.

7.5. Social Inclusion Lead
    7.5.1. There have been no nominations received for the position of Social Inclusion Lead

7.6. Research Lead
    7.6.1. Carol Valinejad was elected unopposed as Co-Chair for Research
    7.6.2. Charlie Heriot Maitland to be approached as a possible replacement and has now been co-opted in to the role.
Any other business

Anna Ruddle reminded networks not to organise events too close to each other in the calendar as they can end up competing with each other.

Sophie Holmes proposed a Family Intervention CPD day on 30 September 2015.

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<thead>
<tr>
<th>Position</th>
<th>Candidate</th>
<th>Result</th>
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</thead>
<tbody>
<tr>
<td>Chair</td>
<td>Che Rosebert</td>
<td>Elected Unopposed</td>
</tr>
<tr>
<td>Honorary Treasurer</td>
<td>Colin Turner</td>
<td>Co-opted at AGM</td>
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<tr>
<td>Chair Rehabilitation &amp; Recovery Lead</td>
<td>Nicola Gawn</td>
<td>Co-opted at AGM</td>
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<tr>
<td>Early Interventions Lead</td>
<td>Susannah Ackner</td>
<td>Co-opted at AGM</td>
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<tr>
<td>Co-Chair CMHT Lead</td>
<td>Anna Ruddle</td>
<td>Elected Un-opposed</td>
</tr>
<tr>
<td>Co-Chair CMHT Lead</td>
<td>Rosie Powling</td>
<td>Elected Un-opposed</td>
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<tr>
<td>Social Inclusion Lead</td>
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<td>Vacant</td>
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<td>Workforce Development Lead</td>
<td>Amra Rao</td>
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<td>User Carer Involvement Lead</td>
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<td>Vacant</td>
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<tr>
<td>Co-Chair - Research Lead</td>
<td>Carol Valinejad</td>
<td>Elected Un-opposed</td>
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<tr>
<td>Co-Chair – Research Lead</td>
<td>Charlie Heriot-Maitland</td>
<td>Co-opted at AGM</td>
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<tr>
<td>Ordinary Committee Member (NI Lead)</td>
<td>Joseph Adrian Boyd</td>
<td>Elected Un-opposed</td>
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<tr>
<td>North East Branch Lead</td>
<td>Selma Ebrahim</td>
<td>Co-opted at the AGM</td>
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**Annual Report**

**Reporting committee member/Co-opted committee member:**

Che Rosebert

**Report focus:**

Chair's report

**Report summary:**

1. **Summary review of past 12 months including any recent activities**

It's been a very busy year for PCMH, so I will report some of the highlights. We started on a high with the launch of the ‘Understanding Schizophrenia and Psychosis’ document in November 2014. The Shadow Minister for Mental Health Luciana Berger and Geraldine Strathdee, NHS England’s National Clinical Director for Mental Health, spoke at the launch and are both firm supporters of psychological ways of working. Luciana also spoke at an open dialogue conference in March 2015. The ‘UP’ document as I like to call it has well and truly gone international with European and Transatlantic launches and editions planned in several languages. The latest launch was in Wales, September 2015.

We had a fantastic launch of The Psychological Perspectives on Hoarding document in June 2016. Thanks to Sophie Holmes and Stuart Whomsley for the document itself and also the media strategy delivered on a shoe string financially was incredibly impressive with many radio interviews, articles and some TV.

Isabel Clarke and I are members of the DCP’s Beyond Diagnosis group. The purpose of this group is to oversee and support the implementation of the recommendations in the DCP’s Position Statement on Functional Psychiatric Diagnosis. This group published guidelines on language in relation to functional diagnosis in March 2015.

We’ve responded to a number of consultations and contributed to guidelines including Bipolar Disorder in Adults, The Commission to Review the Provision of Inpatient Psychiatric Care, The NICE quality standards for bipolar disorder, psychosis and schizophrenia in children (notice psychosis comes before schizophrenia – soon it will be just psychosis!), NICE safe staffing for nurses in inpatient mental health settings (with ISPS-UK), Department of Health Triennial Review of NICE, Accreditation for Community Mental Health Services, The BPS Member Network Services Review. Thanks to Jo Allen, Susie Ackner, Linda Wilkinson, Rumina Taylor, Anna Ruddle, Rosie Powling, Selma Ebrahim and Isabel Clarke in particular. Thank you to Katie Mottram for starting the ground work for The New Paradigm Alliance. The New Paradigm Alliance is a growing coalition of organisations and individuals - service users, carers, clinicians & other members of the public - who have joined together to actively promote progressive, person-centred mental health care. The NPA is transforming into what we are now calling revising mental health. Isabel Clarke has successfully recruited mental health campaigner Catherine Lucas to take this work forward.

Elma Porter and I have supported the DCP’s development of its inclusivity, diversity and equality strategy and await final guidance.
Our Service User and Carer representatives Simon Mudie and Sheena Foster respectively, continue to have integral roles in all the work PCMH is involved in. They’ve presented at a number of conferences throughout the year. They continue to help PCMH strengthen its relationships with a number of organisations such as Rethink and Emergence as well as internal relationships within the DCP such as with the Group of Trainers and DCP Wales.

Carol Valinejad and Charlie Heriot-Maitland are taking forward our research strategy and we’ve given some research grants and delivered a research CPD day in October 2015. Examples of the research grant were to pay for experts by experience to work on a project introducing motivational interviewing to a research ward led by Mel Bunyan.

The Leads of each PCMH Network, Special Interest Group and Branch have delivered an exceptionally high standard, well attended one day CPD events throughout the year. Examples include the Innovation in Rehabilitation Services organised by Mel Bunyan and Nicola Gawn and Application of a psychodynamic psychotherapy for SMI, Adrian Boyd, Northern Ireland Branch. Supporting members in their day to day work remains the Committee’s priority.

We’ve been fairly successful in our succession planning. As Committee members come to the end of their tenure we’ve welcomed new members onto the Committee post the last AGM including Nicola Gawn and Jo Allen. We’ve said goodbye to some long standing members of the committee and thanked them for all their hard work and enthusiasm in furthering PCMH’s aims including Chris Harrop, Tom Barker, Caroline Cupitt, Maria Griffiths and Sophie Holmes. We welcomed for the first time a rep from the Pre-Qualification Group, Lauren Colgan.

Our treasurer Colin Turner has helped us reduce our financial reserves by encouraging expenditure on CPD events and putting a policy in place for recompensing experts by experiences, service users and carers in their work supporting PCMH. Our secretary Martin Horler has produced two professional and informative newsletters (January and July 2015) sharing the Faculty’s news and inviting involvement of members.

In the absence of a DCP Adult Service Area Lead I continue to represent PCMH on the DCP National Executive Committee. This has enabled cross Faculty communication and working and raised the profile of PCMH with the DCP and the BPS.

The website has been updated, we encourage the use of the PCMH email discussion forum and we are now using twitter @PCMHbps. Geraldine Strathdee used our twitter account before I did. Our President Professor Jamie Hacker Hughes follows @DCPinfo, he is very present with the DCP Exec and twitter is another great way of contacting him.

2. How recent activity has raised the profile and contribution of the Division of Clinical Psychology – Faculty of Psychosis and Complex Mental Health to external organisations and to the general public

Our guidelines are free to download or to request paper copies. The UP and Understanding Bipolar Documents are intended for anyone to read, the psychological perspectives on hoarding was written mainly for professionals, but service users and carers should find it accessible. Our many contributions to consultations has meant that we are building relationships with a number of professional and department of health bodies and representatives, so we are becoming known as an expert body to consult with. Our media profile has raised considerably due to the various launches
3. Plans/actions for the following 12 months

There’s much to do over the next 12 months.

We’re supporting our ‘PD’ Lead Andrew Hider with the ‘Personality Disorder’ Commission, Chaired by MP Norman Lamb, Liberal Democrat Health Spokesman and Former Minister of State for Care and Support. Please note ‘PD’ is purposefully in quotation marks to draw attention to the contested nature of this diagnosis. We will be asking members for expert by experience narratives and examples of good practice.

We continue to promote the use of the Understanding Psychosis and Schizophrenia document.

We’re committed to strengthening our partnerships with organisations such as The Hearing Voices Network and ISPS-UK and furthering the work of revising Mental Health. We’re planning a joint conference with ISPS-UK for May 2016 that will take this work forward.

We are concerned about the boundary pushes on the roles and responsibilities of clinical psychologists as well as the areas of the UK where posts have been deleted or downgraded. Our workforce development lead Amra Rao will help PCMH link with the work of the DCP in this area.

We are actively seeking Welsh and Scottish reps and there will be a launch of UP in Scotland November 2015.

We are a large committee and hope to encourage PCMH members to work alongside the committee, propose and conduct work. We value the ‘ordinary members’ of the committee such as Stacia Borenstein who are able to take up work that belongs to all the sub-systems of PCMH.

We will of course continue to respond to relevant consultations as much as we can and invite members to take this work up with the support of the committee. Our bread and butter work of delivering high quality CPD events for members will continue to be our top priority. We plan to survey the membership about the impact of UP and what tasks and roles members would like the committee to focus on. These surveys might well have taken place by the time of the AGM. This year’s conference will focus on the implementation of UP.

The DCP Conference in December 2015 marks the start of a yearlong celebration of 50 years of the DCP. Special events to celebrate and raise the profile of PCMH’s work will be planned.

As you can see we started the year on a high and thanks to the hard work of all the Committee Members and members of the Faculty we will end/start the new year on an equal high.

Date completed: 17 September 2015
Annual Report

Reporting committee member/Co-opted committee member:
Colin Turner

Treasurer’s report

Finance data:

The PCMH faculty continues to remain in good financial health and had £24,209 in reserves as of 1 September 2015.

Since 1 January 2015, the Faculty has received £8,888 in subscriptions from members and subvention from the central DCP. We have spent £5,606 on BPS office services, room hire, catering for events, research grants and committee members' travel expenses.

We currently have 608 members making us one of the largest faculties in the DCP, with only the Faculty for Children, Young People and their Families having greater financial reserves. The BPS recommends that all member networks should retain 9 months of unrestricted reserves when measured against their annual subscription income. We have successfully managed to reduce our reserves by £5,000 this year through funding numerous events for members and financially supporting the New Paradigm Alliance (NPA) with a £2,000 grant.

In accordance with this guidance the PCMH faculty plans to reduce reserves by further subsidising CPD events and encouraging applications for research grants.

Date completed: 7 September 2015