



Special Group in Coaching Psychology

Newsletter – April 2020

Welcome to the new monthly SGCP e-newsletter. This will keep you up to date on SGCP activities, events and things to celebrate.

If you would like something to be considered for inclusion in a forthcoming issue please contact membercomms@bps.org.uk

SGCP Global Coaching Conference: Coaching Psychology & the Climate in times of change

Join us for an exclusive digital coaching conference on Sunday, 31 May 2020. Hosted by Professor Jonathan Passmore, we have planned over 11 hours of content delivered by renowned coaching experts from across the globe, including Dr Sean O'Connor, Professor David Clutterbuck, Dr Carol Kaufman and more.

The conference will explore coaching psychology and the climate in times of change and builds upon the British Psychological Society's 2020 vision of addressing the future. This can be viewed with ease from the comfort of your own home. This is not only an environmentally friendly option but should make the conference fully accessible under the current circumstances.

[Registration is open - book now for a 15 per cent discount \(ends 27 April\).](#)



The global coaching conference: Coaching psychology and the climate in times of change

31 May 2020 (Online)

Join us for an exclusive, digital coaching conference hosted by Professor Jonathan Passmore. We have planned over 11 hours of content delivered by renowned coaching experts from across the globe, including:

- **Dr Sean O'Connor** – Sydney University, Australia
- **Professor David Clutterbuck** – EMCC, UK
- **Dr Carol Kaufman** – Institute of Coaching, USA
- **and more...**

The conference will explore coaching psychology and the climate in times of change and builds upon the British Psychological Society's 2020 vision of addressing the future.

Register from £30 at:

www.bps.org.uk/sgcp2020

#sgcpconf

GLOBAL COACHING CONFERENCE



SGCP Conference Day Two (1 June 2020, London)

In light of the current situation and for the safety and wellbeing of individuals, we have decided to postpone the live day component of our annual conference scheduled 1 June in London, to a future date in 2021 (TBC). We thank everyone who has taken the time to make a submission.

Dr Laura Rees-Davies

Chair of SGCP

2020 CPD Coaching Psychology

Please note that all online CPD webinars will continue as planned. [Read more about available webinars.](#)

We look forward to hosting the upcoming session on [Team Coaching](#) with Lucy Widdowson and Paul Barbour, 4 May, 13:00-14:00. Save the date!

The Masterclass, Innovative tools and techniques for coaching in educational contexts: a practical masterclass for teachers, academics, coaches and educational psychologists, scheduled for 30 April has been cancelled.

We hope to resume face to face workshops and CPD events planned later in the year.

Join a Peer Practice Group

We invite you to join or start up a local Peer Practice Group (PPG) to support your professional development and that of your fellow SGCP members. PPGs have proved popular, and with current challenges that are easier not faced alone, this might be particularly timely.

Your response using the weblink below lets us gauge the overall level of interest and work out how we can bring you into a group. SGCP began offering PPGs on a small scale in 2009 and since then those attending have spoken of the meaningful benefits they gain by coming together with colleagues, specifically learning new approaches, CPD, networking and supervision).

Now, a decade later, we offer these benefits more widely. We want to open PPGs to all SGCP members, from professionally qualified to affiliates seeking psychological underpinnings to their coaching who lack a formal qualification. Attendance at a PPG is practically free, because members find an available meeting room and simply share the costs for refreshments.

When you join a PPG, you will sign up to attend a series of meetings, often bi-monthly, lasting for 2 hours either in the daytime or early evening. Group members decide how they wish to use the time, usually this includes discussion on coaching topics, idea exchange, work methods, skills practice and peer supervision. Each group draws up a working agreement and appoints a PPG Host to keep them on track.

As we extend our network of PPGs across the UK, we are also ramping up the support. We have new guidelines for starting and running a PPG and the PPG Host can reach out to a network of experienced PPGs Hosts for answers and advice. We have appointed a chartered psychologist, Tony Page, experienced in coaching and group facilitation, as PPG Coordinator supporting PPGs and offering a link to the SGCP Committee.

When you express your interest here, we can invite you into an existing PPG and, if no vacancy exists, we can introduce you to interested members in your locality with a view to your forming a PPG together. For those in remote locations and during social distancing measures we will propose virtual PPGs using Skype or Zoom.

[Register your interest in a PPG](#), whether for learning, CPD, networking or supervision (submission deadline: 15 April 2020).

BPS online communities launch

We know the sudden outbreak of Covid-19 and the subsequent pandemic has meant that

many of you are working from home and unable to communicate with each other in the usual ways. Now more than ever, the BPS is committed to helping you to stay in touch with your fellow BPS members across the UK. That's why we're pleased to be able to let you know about the launch of our new online community - Member Connect - open to all BPS members.

This is our third online community following a successful pilot of communities for our undergraduate students and DCP members.

We always intended to launch Member Connect at the start of April, and while Covid-19 wasn't originally something we needed to factor in, we believe that launching a new way for members to connect with each other is now more important than ever.

While the current crisis is uppermost in our minds, we're also keeping an eye on the future, so that when we emerge from the pandemic and life slowly returns to some normality, we've continued to make progress on our transformation journey. So as well as helping you to connect with each other on any topic you want to, our new online community is also an opportunity for members to get involved in some major projects that are helping us to build a brighter future for the BPS, and design a society that really works for everyone.

All BPS members will receive an email inviting them to join Member Connect, and we're looking forward to talking to you on there.

If you have any questions about Member Connect or need some help getting signed up, please contact our [community manager](#).

Sarb Bajwa, BPS chief executive

Follow SGCP on Twitter

Join us on Twitter ([@SGCP](#)) for active and lively discussions, sharing successes, papers, events and stories. Tell us about your daily experiences working in our field by using the hashtag [#wearecoachingpsychologists](#)

Here's one of our [coaching psychologists tweeting](#) about coaching in green space - we hope it's not long before we can go back to doing face to face coaching outside!



A taste of the 2019 SGCP annual conference

The 2019 conference was a really insightful and motivating two days of talks, workshops and seminars. With a special focus on embracing diversity and inclusivity the programme was incisive yet far reaching. As a delegate, the scope of topics to choose from was impressive covering the latest research in strengths, values, resilience, wellbeing, corporate coaching, positive psychology, neuroscience and leadership. Prominent themes explored included the impact of the digital revolution, AI, neuropsychological insights and the intersection between coaching and mental health.

Personal highlights included Dr Rachael Skews brilliantly discussing the role of psychological flexibility in ACT-based coaching, Deborah Barlegg and Rhyss Connolly's workshop on resilience and strengths and Caroline Webb's highly entertaining and insightful keynote on behavioural science. The chance to connect across the two days with coaches and speakers was also invaluable. The atmosphere was friendly, collaborative and creative aided by the track of presentations from coaches undertaking original research - providing a fascinating overview of avenues of emergent thinking.

I would highly recommend the SGCP conference for both coaching psychologists and coaches. The two days covered an array of highly relevant topics, both theoretical and applied, and provided me with knowledge and a range of pragmatic tools to bring into my own practice.

Michelle White

Co-founder, coaching psychologist, consultant [LIVEWISE](#)



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