

The British Psychological Society

Promoting excellence in psychology

Clinical psychology

Clinical psychology aims to reduce psychological distress and to enhance the promotion of psychological well-being.

What do clinical psychologists do?

Clinical psychologists deal with a wide range of mental and physical health problems including addiction, anxiety, depression, learning difficulties and relationship issues. They may undertake a clinical assessment to investigate a clients' situation. There are a variety of methods available including psychometric tests, interviews and direct observation of behaviour. Assessment may lead to advice, counselling or therapy.

For more information on how to become a clinical psychologist, discover your journey into psychology at...

www.bps.org.uk/careers



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