



Special Group in Coaching Psychology

Special General Meeting, Jan 2021

Vote on new Division of Coaching Psychology Special General Meeting (SGM)

12 January, 11am

Dear members

The SGCP is calling this SGM to ask our members to agree a resolution to re-designate the Special Group as a Division, and to approve the proposed qualifications for membership of a new Division of Coaching Psychology.

These are exciting times for coaching psychologists and anyone interested in advancing the field of coaching psychology therefore we urge you to attend the SGM and make your views known so that a decision can be made - your vote and opinion counts. This motion ties in closely with the Special Group's work in developing standards for coaching psychology accreditation. The move towards Division status would further support this action. You can read the [background and rationale online](#) and the meeting details are below.

We look forward to seeing you there.

Warm regards

Tia Moin

SGCP committee

The SGM will be held on Tuesday 12 January at 11.00am

We invite our members to join using the details below via Zoom:

Meeting ID: 933 0362 1935

Password: 402552

[Join the SGM](#)

You must be signed-in to access the following material

[Access the SGM Notice for details \(member only\).](#)

If you have any queries regarding the SGM, please [email Member Network Services](#).



The psychology of teams

15 January, 1pm to 2pm

Organisations and organisational psychology research are increasingly focusing on teams, yet many teams struggle. Fortunately, a growing body of psychological science is uncovering what really drives team effectiveness.

Join presenters Dr. Tannenbaum (President of The Group for Organizational Effectiveness) and Dr. Salas (the Allyn R. and Gladys M. Cline Professor of Psychology and Chair of the Department of Psychological Sciences at Rice University) offer evidence-based insights and tips based on their research and their experience.

It's free to SGCP members so [register your place now](#).

Positive psychology coaching

28 January, 7am to 8am

Back due to popular demand and timed for our overseas friends who missed out last time (and for UK early birds), Professor Christian van Nieuwerburgh's webinar will take another look at the development of positive psychology coaching as an intervention.

He offers a series of tools and models drawing from his wide experience as a coaching practitioner working with both organisational and education sector clients and from his research as a professor of positive psychology.

It's free to SGCP members [so register your place now](#).

It's a Happy New Year for joining a Peer Practice Group



Numbers are up, more than double from one year ago.

Today, we have 17 Peer Practice Groups with 145 members. Yet so far, just 6 per cent of the 2,300 SGCP members have taken this up.

We spoke to PPG members in a review last autumn: this shows the PPG is proving so valuable to individuals and it strengthens SGCP leadership in coaching psychology, so we're continuing the expansion.

What benefits do we get from attending a Peer Practice Group?



Let's hear what the current PPGs say: "You can come along and say hey, what about this issue or that issue? We get to hear how other people are tackling this and that. I always take away a lot of information. This helps you realise you don't have to know it all."

"The PPG enables sharing and a sense of belonging in the coaching psychology community. We are with people who we couldn't be with otherwise: our group has members based in the UK, Greece and Australia. This is valuable time with peers to share our enquiry about our practice in a supportive, yet challenging environment."

"It's more valuable than something corporate led. There is a comfortable regularity of meetings, with different/varied topics - something, yet nothing to do with work. No demands. Recreational. Non-judgemental. A good sounding-board for issues."

"It could also be highly valuable for students - helping them start to build their networks."

"This is protective, like a kind of self-care - helping me prepare to be with a really challenging client."

What happens in a PPG?

A PPG brings you into a small group, usually 5-7 people from diverse backgrounds and a shared interest in coaching, psychology, to focus on your coaching practice. Your group meets every month or two based on their agreement about how they will spend 90 minutes together.

These meetings are rather productive, exploring topics from multiple perspectives. Here are ten examples of topics tackled recently: What is coaching for?

- Supervision
- Team coaching
- Resilience coaching in police and cybercrime teams
- Accreditation in coaching
- Making my business make sense
- Positive psychology - latest research, tools
- Neuroscience and coaching.
- How has Covid-19 impacted our practice?
- Goal-setting/resolutions - reflection and transitioning into 2021

Most of us lead busy lives and these groups are learning practical lessons how, for example settling a meeting time requires compromise, particularly when PPG members are in different time zones. People do drop out at short notice, for good reasons (eg. parenting, home schooling), and less good reasons such as a Zoom invitation not appearing in a cluttered diary. When such difficulties are not addressed, we see the group weaken.

This year, we will continue to offer members free access to a PPG.

[Find out more online](#) or send me an [email](#).

Tony Page

Peer practice group coordinator

Are you a Practitioner Psychologist?



The Practice Board is recruiting!

They are looking for four new members:

- A clinical psychologist
- A counselling psychologist
- An occupational psychologist
- A psychologist practising in Wales

What do we do?

The Practice Board acts as a responsive source of expertise, discusses current issues in psychological practice and engages in regular horizon scanning to proactively identify gaps in practice knowledge.

Who do we need?

We would like to hear from members currently in practice who, in addition to being a conduit between the member networks and the Board have a wider strategic interest in the development of the profession. The BPS is committed to equality, diversity and inclusion and we encourage applications from all backgrounds.

For the full role description, terms of reference and to request a statement of interest form please [email Rita Patel](#).

The deadline for applications is **8 March 2021**.



Copyright © 2021 The British Psychological Society, All rights reserved.

You are receiving this message as part of your membership of the Special Group in Coaching Psychology.

Our mailing address is:

St Andrews House, 48 Princess Road East, Leicester, LE1 7DR

Want to change how you receive these emails? Do not reply to this email.

You can [update your preferences](#) or [unsubscribe from this list](#). You can also read our [Privacy Policy](#).

The British Psychological Society is a charity registered in England and Wales (229642), and Scotland (SC039452). Our VAT Registration number is 283260994.