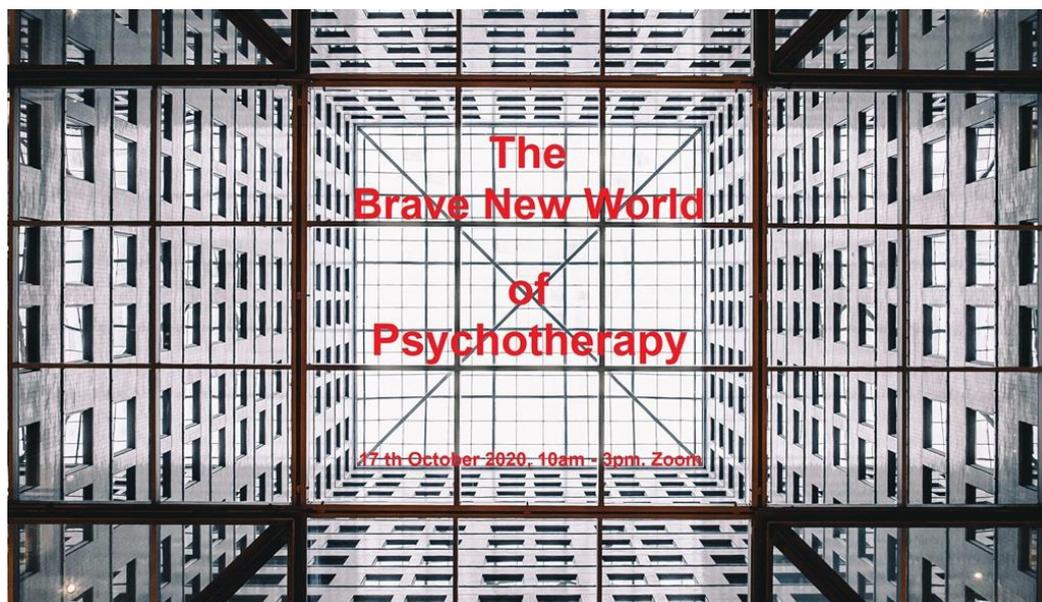


BPS Psychotherapy Section Online Conference 2020: The Brave New World of Psychotherapy



Psychotherapy Section conference
Saturday 17th October 10am-3pm BST | Online

[Registration.](#)

The Brave New World of Psychotherapy

We are hoping this event will encourage discussions regarding the changing landscape of psychotherapy practice and training.

Our three main themes are:

- How the overarching (macro) socio-political changes to the general healthcare landscape such as the way the NHS is moving online and the world of therapy becoming virtual, will shape the future landscape of psychotherapy training, practice and service delivery
- How the changing landscape will bear down on middle level (meso) culturally appropriate psychotherapy services delivered to already disenfranchised people, and recommendations to helping professionals
- The Cassandra Centre will present the (micro) level of grassroots therapy. Cassandra provides community-based therapy plus has an active outreach programme. The way they have changed their ways of intervening could be a model for others, particularly when engaging with mental health. We'll explore how the grassroots can shape the socio-political in a circular process.

Keynote by Dr Hazel McLaughlin, President, The British Psychological Society

Martin Pollecoff's (Chair UKCP), presentation "It's the Demographics stupid" will begin with the chaos of the 2008 recession, followed by Covid-19. Whilst we were busy watching the economy something else has happened, a worldwide

demographic change, leading to the rising costs of healthcare, the growth of Populism, White Retreat, and the West's loss of faith in itself.

Professor (MBE) Zenobia Nardishaw's presentation **Mind the Gap: Services For All** will cover the need for change. Zenobia will offer Recommendations to the Helping professionals in terms of addressing the need to offer culturally appropriate psychotherapy services to people from the Black and minority communities and to other disenfranchised people, who do not receive their fair share of care for their mental health and mental well-being.

Jennifer McDermott (CEO The Cassandra Centre) and **Jutta ten Herkel's** (Senior Psychotherapist, <https://cassandracentre.org.uk/>) explores **'Love Actually' - From Trauma towards Transformation**. In 2001, Cassandra aged 19 was murdered by her ex-boyfriend. In the years that followed, we established the Cassandra Centre charity and began to develop a multidisciplinary scope of activities at grass-roots level, headed by our Counselling service, to meet the needs of our diverse community. Then lockdown happened; we successfully transferred our counselling and therapy service online and began to meet the emerging needs of our community. This involved volunteers cooking meals and opened the floodgates for people to share their lockdown experiences, and ask for psychological and practical help. The ethos of our service is informed by our own personal life experiences, our learning of what is possible and works.

There will be interactive Q & A sessions.

Fees incl. VAT.

Psychotherapy Section Member £15

Concession Member * £15

* (This option is open to students or those who self-identify as being part of a marginalised group)

Society Member £48.50

Non-Society Member £80.00

Become a Psychotherapy Section Member

For existing BPS members who are not yet Psychotherapy Section members, it is more economical to join the section than to pay BPS Member rate. Full membership is £15, Student membership just £7.50 per year.

If you have any queries please contact conferences@bps.org.uk