Disaster Resources

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Introduction

This list has been updated by the British Psychological Society’s Section on Crisis, Disaster and Trauma Psychology, on behalf of the Society’s Practice Board, with the aim of helping members quickly find relevant resources to help in their work with those psychologically affected by disasters and other major incidents.

The database includes areas of knowledge relevant to the epidemiology and assessment of psychological reactions to disasters, as well as their ethical, cultural, legal, and research aspects. It also includes material on planning and intervention before, during, and after major incidents.

The database is deliberately selective with the aim of directing members to those resources that in the opinion of the Crisis, Disaster and Trauma Section are likely to be among those that are up to date and as far as possible evidence-based.

The resources represent a starting point for those involved in disaster responding and we hope provide a useful introduction to the many facets of this work.

The Practice Board will be reviewing and updating this database. You can visit the sections website (with link) for further information and resources.

General

Attachment and Loss in Trauma


Traumatic Grief / Complex Bereavement


**Dissociation and Depersonalization in relation to Trauma**


Lynch, S M (2007) ‘Attending to Dissociation: Assessing Change in Dissociation and Predicting Treatment Outcome’ *Journal of Trauma & Dissociation*


Reinhold, N and Markowitsch, H J (2009) ‘Retrograde episodic memory and emotion: a perspective from patients with dissociative amnesia’ *Neuropsychologia, 47*(11), 197-206


Sierra, M, Baker, D, Medford, N, David, A S (2005), Unpacking the depersonalisation syndrome an exploratory factor analysis on the Cambridge Depersonalisation Scale. *Psychological Medicine, 35*, 1523-1532


PTSD and Trauma


Herman, J. (1992) *Trauma and Recovery: the aftermath of violence from domestic abuse to political terror*. New York: Basic Books


**PTSD Theory**


Psychobiology


Epidemiology


Research

Research and Evidence Based Practice


Research Ethics


Assessment and Screening
Assessment


**Screening**


Children and War Foundation, Child Assessment and Screening Measures to download http://www.childrenandwar.org/measures/


Trauma populations
Children and Young People


**Trauma and the elderly**


O’Connor M. (2010) PTSD in older bereaved people, Aging & Mental Health, 14 (3) 310-318


**Disability and PTSD**


**Gender and PTSD**


**Refugees and Asylum seekers**


**Culture**


At Risk Groups

Secondary Trauma


**Military Trauma**


Busuttil, W., Busuttil, A. (2001) Psychological effects on families subjected to enforced and prolonged separations generated under life threatening situations, *Sexual and Relationship Therapy* 16 (3) 207-228


Jones, E. Wessely, S. (2005) *Shell Shock to PTSD: military psychiatry from 1900 to the Gulf War*, Hove, Taylor Francis


**Emergency Services Trauma**


**Child Abuse**


**Complex Trauma**


Victims and Offenders


Winder, B. Gough, B. (2010) I never touched anybody—that is my defence: a qualitative analysis of internet sex offender accounts, *Journal of Sexual Aggression*, 16 (2) 125-141

Terrorism


The Terra project produced a tool kit to alert professionals to radicalisation of youth. Obtainable at: www.terra-net.eu or www.terratoolkit.eu.

Planning

Pre-disaster / Major incidents: Emergency Planning and Preparation


**Business Continuity**


**Resilience**


Almerdom, A. Glandon, D. (2007) Resilience is not the absence of PTSD any more than health is the absence of disease, *Journal of Loss and Trauma*, 12 127-143


Post Trauma

Post Traumatic Growth


Psychological Therapy


Deblinger, E. Et al. (2011) Trauma focussed cognitive behavioural therapy for children, impact of trauma narrative and treatment length, Depression and Anxiety, 26 67-75.


Debriefing


British Psychological Society. (2002). Psychological Debriefing, Leicester, BPS

British Psychological Society (2015) Early Interventions for Trauma: Proceedings from symposia held by Crisis, Disaster and Trauma Section, 25 November 2014 and 8 January 2015


Hawker DM, Durkin J, Hawker DS (2011) To debrief or not to debrief our heroes: that is the question, Clinical Psychology & Psychotherapy,18(6):453-63.


OPSIC (2015) The Comprehensive Guideline on Mental Health and Psychosocial Support (MHPSS) in Disaster Settings. This lists most guidelines relevant to Crisis, Disaster and Trauma Psychology.


Other

Media


**Law**


Useful Web Sources

UK Psychological Trauma Society http://www.ukpts.co.uk/
European Society for Traumatic Stress Studies www.estss.org
International Society for Traumatic Stress Studies www.istss.org
US National Center for PTSD www.ptsd.va.gov
Impact (Dutch knowledge and advice centre for post-disaster psychosocial care) www.impactkenniscentrum.nl
David Baldwin’s trauma pages: www.trauma-pages.com
Disaster Action (UK charity supporting survivors and bereaved) www.disasteraction.org.uk
Children and War Foundation www.childrenandwar.org
Child Trauma Institute www.childtrauma.com
Red Cross/Crescent www.redcross.org.uk/