

## **Why get involved with the DHP committee?**

- Exciting opportunities to be part of shaping and advancing our discipline.
- Developing leadership and negotiation skills, communication with a wide range of stakeholders.
- Learn more about the workings of the BPS
- Collegiality – giving back to DHP
- Opportunities to network with colleagues and see the national landscape of health psychology and psychology more generally.
- Good for your CV and contributes to your CPD activities.
- Funded attendance at the annual conference.

## **Expectations of all committee members:**

1. Contribute to the strategic direction of the DHP, thinking about raising the profile of the DHP and horizon scanning future developments in health psychology
2. Take on projects of priority to the membership and complete these in a timely fashion.
3. Consider the broad membership of the DHP in all matters.
4. Ensure work is in line with Society's priorities, policies and strategic plans.
5. Write regular brief reports and AGM reports as required.
6. Present effectively at meetings.
7. Meet timescales, prioritise and organise work effectively.
8. Work with non-committee members as needed in order to achieve aims.
9. Attend all committee meetings (in person or by tele-conference) and if not able to occasionally, provide written reports.
10. Attend annual conference (subsidised) and take an active role, discussions with members, chairing sessions, attending AGM.
11. Promote the work of the DHP
12. To be a member of the DHP

## Trainee Lead

*This is a co-opted role – interested parties should contact the DHP Chair. It is anticipated that the trainee lead is a trainee.*

**Aim:** To support the professional development of trainees in health psychology

**Objectives:**

1. To keep trainees up to date with developments in health psychology relevant to their training and development needs
2. To provide opportunities for trainees to interact and share experiences
3. To support the development of knowledge and skills for trainees in conjunction with the education and training lead.

**Key Responsibilities:**

- Representing the interests of health psychology trainees at a national level. This is done through taking trainee issues to the DHP, and disseminating training related information to Health Psychology trainees via a web-based discussion forum
- Attending and preparing reports for the DHP committee meetings and AGM
- Creating and staffing a 'trainee and early career research/practice' stand at the DHP annual conference, to provide information and a visible presence
- Leading the organisation of training-related events for trainees such as one-day conferences and pre-conference satellite workshops
- Managing a discussion forum created as a support network for Stage 2 trainees, and responding to queries regarding the trainee experience of conducting the Stage 2 qualification.