



the british  
psychological society  
division of health psychology

# Division of Health Psychology

## Newsletter – May 2021

### Message from the DHP Chair

The spotlight on health psychology continues to shine. I have lost count of how many people have commented to me on the importance of health psychology in the current day, and how the profile of our discipline has rapidly grown.

The role health psychology plays in leading the science, offering consultancy to those in need of our expertise, providing education and training to upskill and build capacity to use our approaches, in informing policy and in developing, delivering and evaluating psychologically-informed interventions has gained traction and clarity.

This is down to the fantastic work and promotion of both those of you who sit within the health psychology community, and those of you who actively support it.

Our DHP members have showcased some excellent examples of all of the above, clearly recognised within government, local authority, in the media, through quality research and training, and in practice.

With this, our identity and profile grows stronger and stronger, and health psychology is recognised as a key stakeholder in the health and social care setting.

My key objectives in my term as DHP Chair were to:

- 1) widen a sense of 'home' within DHP for health psychologists, trainees and those with an interest in health psychology;
- 2) strengthen the identity of health psychology as a discipline;
- 3) develop stronger training opportunities and career pathways;
- 4) assist structured mentoring and legacy building to sustain leadership of the discipline throughout generations.

The committee continues to work towards these objectives, and we are delighted with the engagement we have had from our membership. I encourage you all to continue in the promotion of health psychology, using the hashtags: #DayInLifeOfHealthPsychology #WeAreHealthPsychology #ThisIsHealthPsychology and #CelebrateHealthPsychology and to widen a sense of community.

We also wish to add #HealthPsychCareers and will be launching a competition soon to link in with our Health Psychology Careers day on the 25 June 2021. If it's not in your diary already, pop it in! We have some excellent speakers lined up.

You will also see later in the newsletter the launch of our Health Psychology Careers Case Studies, which is a fantastic showcase of 65 individual health psychology career pathways. Big thanks for everyone involved in helping us to produce these!

To support career pathways in health psychology further, we have been having lots of conversations with workforce planning leads, both at the BPS and within the health and social care settings, to promote investment in job opportunities in health psychology.

We have created a series of generic job descriptions to enable those who may be able to commission or recruit health psychologists and trainees that will soon be available on the DHP website.

One route to support Stage 2 funding that we are exploring is through registration with the Institute for Apprenticeship to enable organisations to use their ring-fenced apprenticeship levy to recruit Stage 2 Trainees. There are practical challenges, as historically apprenticeships using this levy are at grade 7 or below, however, this is something we are looking into and may be able to lobby for change.

## Message from the DHP Chair cont.

Building capacity in behavioural science and health psychology is one of the objectives in the multi-agency co-created '[Behavioural and Social Science Strategy](#)' (BSSS), published by Public Health England. The BPS and the DHP are named stakeholders within this strategy, and we continue to promote ways to recruit health psychology trainees and qualified staff.

To support this mission, I have presented on behalf of DHP and the Behavioural Science and Public Health Network (BSPHN) to a number of commissioners and stakeholders on the role of health psychology in health and social care, and you can find [my slides online](#). Feel free to use them as you wish. I continue to sit on the PHE BSSS oversight group that meets to discuss progress with this strategy.

To support the development of national funded Stage 2 training, I am trialling a Health Psychology Trailblazer Pathway Model with funding secured from one of my local authorities, topped up by the University of Bedfordshire, for a trainee based within the local authority, to work towards Stage 2 competencies with an integrated PhD. We have had support from local Directors of Public Health and Public Health England to develop this, and others are keen to learn how to follow a similar model.

One of the first projects is to look at how those in local authority get access to and use health psychology and behavioural science, and pathways to increase access and use. I will update you on this further in the June newsletter and at our AGM on the 24 June at 1pm.

The Health Psychology Trainee Network (HPTN) is still going strong! The last HPTN conversation café was attended by 27 trainees and newly qualified health psychologists. It is fantastic to see the peer-to-peer support and interaction and the transfer of knowledge from invited guests. We are now looking for statements of interest for our next DHP Trainee Lead. Dr Kristina Newman has done a fantastic job and is happy to share her experiences in the role for anyone interested.

The Psychological Professions Network continue to represent and promote the work of health psychology in the NHS, along with the other 11 psychological professions recognised within the network. We have been having fruitful conversations with the leads of this network nationally and regionally, and they have

reached out with a specific call for health psychology input. You can read more about this later in the newsletter, and I encourage you to get involved.

To support the promotion of health psychology in Europe and beyond, can I give a warm welcome to Dr Sue Sherman, who has taken on the mantle of the European Health Psychology Society UK National Delegate from Professor Jo Hart. Sue will work closely with DHP to ensure the translation of activities and opportunities related to health psychology internationally.

We have a fantastic [conference programme](#) now confirmed and we were able to offer a high number of bursaries this year to attend. Please do all keep promoting DHP as the hub for UK health psychology both to members and externally to stakeholders.

As a community, we share in the excitement and passion of the discipline, but also in times of reflection and loss. Our members have been in touch to pay tribute to colleagues who have sadly died. They reflected with fondness the contributions made by Professor Ken Wallston and Professor Helen Pattison. Our thoughts are with their families and friends and we pay homage to their contributions to health psychology.

I'd also like to take a moment to pay tribute to my dear PhD supervisor, Professor Marcia Worrell, who died a year ago on the 14 April 2020. It wasn't until her eulogy that I truly realised the extent of her mentorship to me, and could see familiar characteristics in myself in the ways others described her.

Marcia was a kind and supportive supervisor, and oozed pride in those under her wing. She had real strength and courage to call out inequalities and strive for an equal future for all, which was admirable.

She invited me to present on my work in health psychology shortly before her very untimely death and I remember her jumping up after my presentation and at the front of the auditorium giving me a hug and telling everyone 'That's my baby girl'.

Needless to say, she has left a huge hole in so many lives, including my own, having been a part of it since I was 18 years old. It has made me reflect on the importance and power of mentoring, and as such, we are launching a new award.

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The DHP Chair's Mentoring Award will encourage others to reflect and pay tribute to their mentors (hopefully while they are still alive!), and to encourage a mentoring system where we each 'pay it forward' to future generations.

You can read more in our awards section of the newsletter.

Finally we have some things to celebrate in our Congratulations Corner.

We are incredibly proud of our MSc Health Psychology Project Prize Winner Sarah Hansen from Northumbria University and among other attributes, our British Journal of Health Psychology editor

Professor Maddy Arden who has been conferred as a Fellow of the Academy of Social Sciences for her contributions in health psychology. Congratulations to them, and to all who are having an impact to our discipline.

I hope you share my pride in the contribution health psychology is having to the health and wellbeing agenda. Keep up the good work!

Until next time, take care

**Professor Angel Marie Chater**

**DHP Chair (2019-2021)**

## DHP Awards are open!

We are delighted to announce a series of DHP awards open for nominations.

To celebrate the work of members of the Division of Health Psychology, we are calling for nominations for:

1) Health Psychology Early Career Award (for those within the first 10 years since beginning their training in health psychology);

2) Health Psychology Excellence award (for those who qualified 10 years ago or more);

3) DHP Chair's Mentoring Award (for those who have made an exceptional contribution to the development of others).

Help us to celebrate health psychology talent and [nominate online](#) today!

## DHP Mentoring Initiative

As part of our efforts to develop the DHP mentoring award to recognise excellence in mentoring, and support others to 'pay it forward', we are conducting a qualitative study exploring people's experiences of mentoring and/or being mentored within their health psychology career (including experiences of trainees).

The aim is that this will provide some top tips for future mentor/mentee relationships.

If you are interested in taking part or would like more information then please get in touch with [Karolina Vodrazkova](#) who is a Stage 1 MSc Health Psychology student at Kings College London, supporting us with this project,

You can also email [Dr Amy Baraniak](#), our honorary secretary or [Professor Angel Chater](#) co-supervising this placement.

## DHP Annual Conference 2021 - Celebrating Health Psychology and Connecting Communities

**Online, 29 - 30 June 2021**

Our DHP Annual Conference theme for 2021 is

Celebrating Health Psychology and Connecting Communities. The conference will be an exciting two-day online event.

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We have a fantastic varied and exciting scientific programme, you can [view it online](#), including top keynote speakers: Professor Victoria Tischler and Professor Maddy Arden.

We will also have a really exciting and inclusive virtual social programme with plenty of opportunities to meet

and chat with each other! You can [register online](#) now.

This is a great opportunity to come together with colleagues to present your research and listen to the most recent cutting-edge science. We look forward to seeing you there!

## Pre-conference webinars

### Online, 28 June 2021

We have listened to DHP members feedback on the events that they would like to see DHP host, and are excited to announce the first year of BREATHE (British REsearch And Training in HEalth Psychology) pre-conference workshops.

We are delighted that Dr Julie Bayley, Professor Diane Dixon and Professor Marie Johnston, have kindly agreed to facilitate two brilliant workshops that will be of benefit to DHP members at all stages in their career.

In addition, DHP have been able to fund these events so that all DHP members will be able to attend for **FREE!**

To find out more and register to attend, please click on the two links below to see information about both events. Info can also be found on the DHP website!

Webinar 1: [Having a career with impact](#)

(Dr Julie Bayley)

Webinar 2: [Competencies to deliver behaviour change interventions](#)

(Prof. Diane Dixon & Prof. Marie Johnston):

**Niall Anderson, DHP Education & Training Lead**

## Health Psychology Careers Event - save the date!

### Online, 25 June 2021

The DHP Northern Ireland is hosting a series of health psychology careers events on 25 June 2021. There will be **TWO FREE** webinars aimed at students/health psychology trainees and anyone interested in learning more about careers in health psychology.

The first webinar will take place from 10:00am-12:00pm and will focus on understanding routes and

training options for health psychology careers. The second webinar will take place from 1:00pm-3:00pm and will focus on inspiring health psychology careers via personal stories.

Keep an eye on the DHP website and Twitter updates for more details and registration, which will be opening soon!

## Health Psychology Training Routes

There are three training routes to become a full member of the DHP. Two of these routes will also enable you to work in practice settings and register with the Health and Care Professions Council (HCPC) as a health psychologist, which is a protected title in the UK.

You can [view and download a graphic](#) of the routes with more details from the BPS website.

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## DHP Career Case Study Series

Continuing with one of our priority strategy areas to promote career routes in health psychology, we are delighted to have completed the Division of Health Psychology (DHP) Career Case Study Series. [You can view this online now!](#)

We are frequently asked about career pathways in health psychology, both by students and those who are keen to employ us or commission our services. We

have collected 65 unique and exciting case studies, from health psychologists at various career stages to showcase the talent within health psychology and the varied areas that we work in. We hope you enjoy!

**Lauren Rockliffe (DHP PsyPAG rep), Dr Eleanor Bull (DHP Practice Lead), Dr Kristina Newman (DHP Trainee Lead) and Professor Angel Chater (DHP Chair)**

## Health Psychology Training Network (HPTN)

### Next one 14 May 2021

As many of you will now know, the HPTN holds monthly Conversation Cafes for Stage 2 trainees to provide peer-support and a collective identity.

All meetings are held on a Friday from 2:00pm - 3:00pm.

Upcoming meeting dates in 2021 are:

- 14 May
- 11 June
- 9 July
- 13 August

We had 27 attendees at the last café on the 9 April,

which focused on what to expect from the viva, with three special guests, Dr Nisha Sharma, Dr Lisa Ballard and Liz Gilbert who spoke about their experiences of the Stage 2 viva process, and our Chair Angel answered questions from an examiners perspective.

It was fabulous to see you all. Please add the details to your calendars to make sure you can attend future cafés and get the most out of these networking and training opportunities.

For more information, or to access the meeting link and HPTN Slack group, please email [traineedhp@bps.org.uk](mailto:traineedhp@bps.org.uk).

You can follow updates on Twitter [@trainee\\_network](https://twitter.com/trainee_network)

## BPS guidance on fair recruitment

The BPS have now released [guidance for best practice in psychology recruitment](#). This recommends that adverts for psychological roles use inclusive titles (usually Applied, Practitioner or Registered Psychologist) and an inclusive, competency-based person specification. There is also an article in [The Psychologist](#).

We welcome this guidance and sincerely thank everyone who has contributed to this process over the past few years, especially Dr Hannah Dale, member of the Workforce Planning Advisors Standing Committee whose audit helped spark the process of developing new guidance.

The implementation is being overseen by the committee, who are planning to liaise directly with organisations and members to support implementation.

The responses from the psychology community have been overwhelmingly positive.

However, members may have seen some responses with misunderstanding/misinterpretations of the guidance and we have contributed to the BPS' work in responding to this. There will also be further commentary in the May edition of The Psychologist addressing some of these misconceptions.

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## Suggestions for DHP members:

- We have uploaded an [email template](#) to our DHP member microsite which members could adapt and use if they wish to contact organisations regarding their eligibility to apply for a restrictively advertised post.
- DHP members are also welcome send examples

of currently advertised psychologist posts in health settings where they have the required competencies but are unable to apply because of restrictive person specification criteria.

Please email the details to [Hannah Farndon](#) and copy in [practiceleadDHP@outlook.com](mailto:practiceleadDHP@outlook.com) and [Hannah Dale](#) for info.

## Health psychology in action: What has health psychology done for society?

The DHP are creating a video to show what we do and the impact health psychology has had on society.

Occupational psychologists boast to have done many things which have changed the world, including inventing the tea break ([see this online short animation](#)), and we want to do the same to promote UK

health psychology.

We'd love to hear about your work, you can get involved by filling in a short template that can be downloaded from the DHP website and then returning your completed form to [dhp@bps.org.uk](mailto:dhp@bps.org.uk)

## Practical health psychology: An open source e-book

Health psychology colleagues from around the world led by Dr Dominika Kwasnicka have been sharing what is practical about our discipline in an online blog: [Practical Health Psychology](#).

The blog disseminates cutting edge health psychology research to people who can apply it in practice. This year they published an [open source e-book](#) that includes all their published blog posts.

The blog is published in 28 languages: English, Bulgarian, Chinese, Croatian, Czech, Danish, Dutch,

Finnish, French, German, Greek, Hebrew, Hungarian, Indonesian, Italian, Korean, Latvian, Lithuanian, Malaysian, Polish, Portuguese, Romanian, Russian, Slovakian, Spanish, Swedish, Turkish, and Ukrainian.

You can [subscribe online](#) and follow the work on Twitter [@PractHealthPsy](#)

**With recognition to the Editorial Board of Head Editors: Dominika Kwasnicka, Gill ten Hoor, Keegan Knittle, Jen Olson, Ainslea Cross and Sebastian Potthoff.**

## European Health Psychology Society – change in EHPS UK National Delegate

The [European Health Psychology Society](#) ensures representation across Europe (and beyond) by having national delegates for each country.

In January 2021 the UK national delegate Professor Jo Hart stepped down and Dr Sue Sherman was appointed in her place. Sue is a Senior Lecturer in Psychology at Keele University, where she is the

School's Health and Wellbeing Research Group Lead and Programme Director for their MSc in Psychology and Health Inequalities.

Sue conducts research with the public and healthcare providers to explore knowledge, attitudes and uptake related to cervical screening, human papillomavirus (HPV) vaccination, and the Covid-19 vaccination.

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Sue will work closely with the DHP and EHPS to represent UK Health Psychology and share activities and opportunities between the organisations.

If you have any questions about the EHPS, [please email Sue](#).

## The Psychological Professions Network invites you to get involved

The Psychological Professions Network (PPN) is a membership network for all psychological professionals in NHS commissioned psychological healthcare. It is part of Health Education England and aims to provide a joined-up voice for the psychological professions in workforce planning and development, and to support excellence in practice.

It works to engage and connect psychological professionals so that we can have a strong voice together, advise policy-makers, workforce planners and commissioners and support the safe and effective expansion of the existing and new psychological professions.

There are 12 psychological professions included in the PPN and health psychology is one of them. Here is the full list:

- Clinical psychologist
- Health psychologist
- Counselling psychologist
- Forensic psychologist
- Family and systemic psychotherapists

- Cognitive behavioural therapist
- Adult psychotherapist
- Child and adolescent psychotherapist
- Counsellor
- Psychological wellbeing practitioner
- Children's wellbeing practitioner
- Education mental health practitioner

It has a regional structure, and the West Midlands BPS Branch is supporting and encouraging members of BPS Divisions in our region to join and to make sure your Division's voice heard.

You can join the [PPN online](#) as it is run by the NHS it's free, you'll get weekly emails from them.

The West Midlands BPS Branch is also really keen to make sure health psychologists are at the top table.

If you are interested in linking into the Chief Psychological Professional Officers meetings, and potentially being available for discussions and advice on health psychology in the Midlands for the PPN [email Lawrence Moulin](#), Chair of the BPS Branch.

## The Behavioural Science and Public Health Network (BSPHN): Update

Many of you will know that I was one of the co-founders of the Health Psychology in Public Health Network back in 2013, which re-branded to the Behavioural Science and Public Health Network ([BSPHN](#)) in 2018 while I was Chair of the Network, with investment from Public Health England to host the Behavioural and Social Science Strategy and become a community of practice.

Our mission, when we created the Network, was to facilitate networking and training opportunities in health psychology and public health, and to facilitate the shared agenda and examples of best practice.

We (the BSPHN) have since supported the development of [several regional communities of practice](#) (hubs), funded by Health Education England, offering capacity-building opportunities

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aligned to health psychology.

It has been an absolute pleasure to be part of this movement, which continues to thrive. I have now stepped down from the BSPHN committee as Past Chair, handing that role to Professor Jim McManus, but I will continue to be in a liaison role with DHP.

We now have an MoU (Memorandum of Understanding) between the BPS and BSPHN, which means we can share events with our members and on the website. I have shared my slides from the 10 Sept 2020 on 'What every commissioner needs to know about health psychology' which are on [the DHP website](#).

The BSPHN conference was a great success, held on the 9-11 Feb 2021 across three lunchtime sessions. I presented the work of the Covid-19 Behavioural

Science and Disease Prevention taskforce and how DHP has been helping with our strategic vision. It was really well received with great feedback and sat alongside some other excellent sessions, many of whom were from the health psychology world and who referenced the BSDPT guidance.

Professor Susan Michie was the keynote, and there was a great session with Professor Maddy Arden and Greg Fell (Sheffield Director of Public Health).

Professor Jim McManus, Dr Michelle Constable, Dr Neil Howlett and I have recently participated in a podcast talking about the development of the network which you can [listen to online](#), along with many other podcasts with familiar health psychology and public health guests.

**Professor Angel Chater, DHP Chair; Past Chair of BSPHN**

## Exploring the links between mental wellbeing and physical health outcomes

### Summer short course – 12-16 July 2021 University College London

The Lee Kum Sheung Center for Health and Happiness at the Harvard Chan School of Public Health and the Research Department of Behavioural Science and Health at University College London (UCL) are launching a new summer short course exploring the

linkages between mental well-being and physical health outcomes.

The target audience includes junior scholars (junior faculty and postdoctoral fellows) and doctoral-level graduate students.

For more information, please [visit the website](#).

## BPS Covid-19 Behavioural Science and Disease Prevention Taskforce update

The main BPS Covid-19 co-ordinating group now meets every three weeks, now chaired by Professor Daryl O'Connor.

The Covid-19 Behavioural Science and Disease Prevention Taskforce Chaired by our DHP Chair Professor Angel Chater, now meets monthly.

The taskforce continues to be busy and all the documents produced by this group are now hosted under the resources area of the DHP website.

We are tracking downloads, so do share the links

widely (rather than the documents).

The most recent guidance documents are related to supporting [preventive behaviours after the first vaccination](#) and optimising vaccination update.

[Take a look!](#)

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## Health psychology in dentistry

Dr Heather Buchanan and Dr Koula Asimakopoulou are working with the Faculty of General Dental Practice (FGDP) to support them during the Covid-19 pandemic.

At the end of last year Heather and Koula produced guidelines for dental teams managing physical and emotional wellbeing during the pandemic.

The development of the guidelines was supported by Professor Angel Chater, the BPS Covid-19 Behavioural Science and Disease Prevention (BSDP) Taskforce, and in partnership with the DHP, the FGDP and the College of General Dentistry.

You can access the [guidelines online](#).

They are now helping to translate this work and other areas of their expertise with CPD sessions on the topics of stress, CBT and ACT as management techniques.

For more information the links are below:

[What is stress and why am I experiencing it?](#)

[Dealing with stressors using CBT techniques](#)

[Dealing with stressors using ACT techniques](#)

## Your DHP Committee: DHP AGM 24 June 2021, 1pm

The DHP Annual General Meeting (AGM) is scheduled to take place on Thursday 24 June 2021 at 1pm online via Zoom.

All members will receive a formal notice and call for nominations (please check your BPS email and spam filters).

If you are interested in joining the committee, the deadline for submitting your nominations is **12 noon on Thursday 13 May 2021**.

The following elected positions are available: Research Lead, Wales representative, Honorary Treasurer and Communications Lead. We are also calling for statements of interest for the co-opted roles of Trainee Lead and Equality, Diversity and Inclusion (EDI) Lead.

Forms are available on the [DHP website](#) and we'd love to hear from you! Your current committee is:

Position	Committee member
Chair	Angel Marie Chater
Chair Elect	Lucie Byrne-Davis
Past Chair	Vacant
Honorary Secretary	Amy Baraniak
Honorary Treasurers (split role)	Shilpa Patel & Harbinger Sandhu
Conference Lead	Atiya Kamal
Education and Training Lead	Niall Anderson
Policy Lead	Emily McBride
Communications Lead	Tracey Epton
Research Lead	Gillain Shorter
Practice Lead	Eleanor Bull
Trainee Lead	Kristina Newman
EDI Officer	Aimee Aubeeluck

## Congratulations Corner

### **MSc Health Psychology Project Prize Winner announced: Congratulations to Sarah Hansen from Northumbria University!**



Every year we celebrate the next generation of health psychology professionals through an award for the best project on an MSc Health Psychology degree. Individuals are nominated by their Programme Lead. Competition is usually fierce, and this year was no exception.

This year we had 12 entries for the prize, covering a range of health issues. The panel were impressed by the excellent work by our MSc Health Psychology graduates, covering important areas such as sleep, hair loss, wellbeing, young people, eating behaviours, rare diseases, sexual health and common but understudied health conditions.

Methodologically we had a range of excellent qualitative methods including both interpretative phenomenological analysis and thematic analyses, quantitative analyses including surveys and interventions, and systematic reviews.

The winning abstract decided by the panel was:

*“An online written benefit finding intervention: investigating the effects on physical and psychological health and the moderating role of perseverative thinking in a non-clinical sample during the Covid-19 pandemic”* by Sarah Hansen and supervised by Dr Michael Smith (both Northumbria University).

The chair of the MSc Project Prize panel, Dr Gillian Shorter, DHP Research Lead said

*“What a fantastic year for our MSc Health Psychology graduates. Although Covid-19 has raised enormous challenges for the next generation of health psychologists and their dedicated lecturers across the UK, the panel were impressed by the*

*quality and contribution of all the prize applicants to the field.*

*“Sarah’s work on written benefit finding for wellbeing demonstrates the potential for health psychologists to innovate and overcome challenges to promote health using online interventions. We look forward to her talk at the annual conference”.*

### **Congratulations to Professor of Health Psychology, Madelynne Arden who has been conferred as Fellow of the Academy for Social Sciences**



It is with great delight to share the news that Professor Arden (Sheffield Hallam University) has joined the prestigious list of Fellows of the Academy of Social Sciences.

Professor Arden leads the Centre for Behavioural Science and Applied Psychology and is Director of the Behavioural Science Consortium (with University of Manchester). She is one of the editors of the BPS British Journal of Health Psychology and a member of the BPS Behavioural Science and Disease Prevention taskforce.

Her academic citizenship and contributions to health psychology are vast and it is great to see this recognised with this honour.

In an article to mark the occasion, Professor Arden said:

*“I feel very honoured to have been conferred the award of Fellow of the Academy of Social Sciences.*

*“I feel particularly privileged to receive this award in 2021, when the Covid-19 pandemic has shone a spotlight on the importance of behavioural and social science research and health psychology practice to inform our response to the crisis in terms of prevention, understanding the impact on our lives and behaviours, and supporting our longer-term recovery.”*

Professor Arden was nominated by colleagues from the British Psychological Society, Division of Health

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Psychology (DHP) and the Behavioural Science and Public Health Network (BSPHN) for her contribution to health psychology and behavioural science research and leadership.

Congrats Maddy, for this well-deserved recognition!

You can read more [about Maddy online](#).

## In remembrance

### In remembrance – Professor Ken Wallston, Pioneer of Health Psychology

Members of the Division of Health Psychology remember with fondness the contribution made by the late Professor Ken Wallston, who died on the 27 October 2020 after an exceptional career in health psychology.

Described as one of the founders of international health psychology, and well known for his work on the Health Locus of Control, Wallston was well respected among his peers, facilitating the development of the NFER ‘Measures in Health Psychology’ portfolio and had a reputation for facilitating others research by introducing and bringing researchers together.

Professor Wallston aided the development of the UK Health Psychology Section, before we became a Division and is fondly remembered for his support.

You can read more about [Professor Wallston](#) online.

**With special thanks to Professor Marie Johnston, Professor John Weinman, Professor Jo Hart and Professor Stan Newman for their reflections.**

### In remembrance – Professor Helen Pattison – Professor of Health Psychology

It is with further sadness that another member of our health psychology community, Professor Helen Pattison has died.

Professor Pattison has been fondly remembered by colleagues from Aston University as being pivotal in their achievement of being one of the UK’s biggest providers of BPS-accredited health psychology training at MSc level.

In a beautiful tribute Dr Rachel Shaw and Professor Richard Tunney recall: “Helen contributed psychological

*and methodological expertise to a number of clinical trials focusing on women’s reproductive health and paediatric health. She was also interested in women’s experience of pregnancy, and debunking urban myths such as ‘eating for two’ and the ‘pregnancy brain’ or ‘baby brain’.*”

You can read more about [Professor Pattison’s](#) outstanding career online.

**With special thanks to Dr Rachel Shaw and Professor Richard Tunney for their reflections.**

### In remembrance – Professor Marcia Worrell – Professor of Psychology

It is hard to believe that it has been one year since the death of Professor Marcia Worrell, who died on the 14 April 2020 at the age of 54 years. Marcia’s research highlighted the importance of whole-system thinking, and often linked back to her expertise on child abuse and neglect, child protection and qualitative research methods.

In a moving tribute written by colleagues and former students following her death, they wrote:

*“Marcia became one of the small number of black women professors in the UK. Life was not always easy for her, but she confronted friction with the help of a wonderfully honed wicked sense of humour, and she rarely lost the glint in her eye.*

*Amidst all this work, she never ceased to be there for her family and friends when needed. Her friends, colleagues and students will miss her unique combination of generosity, determination, and joy.*

*All who knew her well were touched by her dynamic social presence, joyful laughter and by her unbreakable larger-than-life heart. It seems that until the end she never asked what others can do for her, but what she can do for others.*

*There will not be another Marcia Worrell, but her example will continue to inspire generations of caring, intelligent and politically engaged psychologists and*

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*practitioners to come.”*

You can [read more](#) about Professor Worrell's inspirational career online.

**With special thanks to Paul Stenner, Lindsay O'Dell, Rose Capdevila, Wendy Stainton Rogers, Orly Klein, Sharon Cahill, Gina Pauli, and Angel Chater for their reflections.**

## DHP Research Networking and Public Engagement Prize

Would you like to bring people with a common interest in your research area together?

DHP are offering financial support for a 1-2 hour networking event to facilitate an individual or small team of our members in widening their research networks and/or developing stakeholder, patient and/or public involvement in their research area.

The prize will be for a single event for up to 30 people, to be held by the end of November 2021. As this is an online event it is not anticipated that there will be additional costs, but you may include costs of up to £150 if you consider this necessary (e.g. speaker fees, advertising).

Applications can be made via the [DHP website](#) and the deadline is 24 May 2021, 4:00pm.

## BPS Presidential elections

### Your vote is your voice

Voting is now open for our 2021-22 President-Elect – it's your chance to have your say on the society's next leading member representative.

Four candidates are seeking election:

- Professor Jamie Hacker Hughes
- Nicky Hayes
- Alan Kessedjian
- Peter Mitchell

You can read the [four candidates' statements](#) on the BPS website. The winning candidate will become our President-Elect in 2021-22, President in 2022-23 and Vice-President in 2023-24.

Online voting is simple – just visit the [Mi Vote website](#) and enter the unique code recently sent to you via post.

If you haven't received your code, please get in touch with the [Mi Voice support team](#). You can also vote using the ballot paper and pre-paid envelope recently sent out to members.

Voting closes at noon on 14 June 2021. The winner will be announced at our AGM on 26 July 2021.