

# DHP Chair's Mentoring Award 2021

The DHP Chair's Mentoring Award is a new award, which celebrates excellence in mentoring in health psychology.

Of all the activities in academia, mentoring may be one of the most valuable, with the least recognition. Health Psychology is a unique discipline with a great history of academic mentoring, and we want to celebrate this with an annual DHP Mentoring Award.

This award has been developed to recognise and celebrate outstanding mentors for their contributions to students, trainees and early career researchers in Health Psychology. These awards will acknowledge those who have served as exemplary role models, and offer recognition of the time, dedication, inspiration, enthusiasm, and support that they bring to successful mentor/mentee relationships.

We welcome nominations on behalf of members of the Division of Health Psychology who have demonstrated excellence in mentoring.

## **Types of nominations**

All nominations must be supported by four nominators: a principal nominator, who should be a member of the DHP (in any capacity) and three supporting nominators. The four nominators must be former mentees and must not all represent a single time period for the mentor, though they may overlap.

## **Entry criteria**

Nominee Must be member of the BPS Division of Health Psychology (DHP)

### **1) Nominee Information**

- \* First Name
- \* Last Name
- \* BPS Membership Number
- \* Contact Telephone Number
- \* Contact Email Address

### **2) Nominator information:**

- \* Principle Nominator name
- \* Principle Nominator BPS number

\* Principle Nominator Contact Telephone Number

\* Principle Nominator Contact Email Address

\* Supporting nominators names

**3) \* Please provide a letter of nomination that identifies the nominee, the individual(s) making the nomination, the time period of mentorship and an overview of the reason for nomination detailing mentoring activities (max 500 words)**



**4) \* Please provide a copy of the nominee's curriculum vitae in a form published or authorised by the candidate with all personal/confidential information removed.**

Letters of support will be shared with the nominee and publicly following the process and should include:

1. Specific examples where the mentor/mentee remained involved in your professional development or on an ongoing basis after your relationship started.
2. How they handle stress or setbacks involving mentees.
3. How valuable you have found your relationship with your mentor to be.
4. How they intervened to help you make specific decisions regarding your academic or career path, or offered counsel in specific situations.
5. How you were able to incorporate their feedback or advice in meaningful ways, or any personal growth you saw during your relationship.

Letters of nomination and letters of support should not include any information that is confidential or

may be in breach of data protection law.

**5) \* Please provide letters of support (no more than one page of A4 each) from individuals who can describe the nature of the mentoring received from the nominee. These are essential and weigh heavily. They will be shared with the nominee and publicly following the process. Please review the nomination guidance on the website for details on what should be included.**