

DCP Projects

Re-setting the balance: supporting the new charter network and staff wellbeing

We carried out a joint staff wellbeing survey with the New Savoy Conference in 2014, 2015 and 2016, which showed increasing levels of low mood, sense of failure and stress in psychological professionals.

Clinical psychologists as leaders: (CPL) – A lifespan developmental model and mentoring scheme

The CPL programme is a four nations rollout of our existing leadership development and mentoring programmes, becoming an overall model for clinical psychologists' career development.

BME mentoring scheme (London)

The Valued Voices mentoring scheme is aimed at psychology undergraduates and aspiring clinical psychologists from Black, Asian, Mixed and MENA backgrounds in the London region

All-Party Parliamentary Group (APPG) for Prescribed Drug Dependence: Guidance for therapists

The All-Party Parliamentary Group for Prescribed Drug Dependence (APPG for PDD) is a cross-party parliamentary group dedicated to persuading government, government departments and relevant public and medical bodies to reduce the individual and social harms associated with the injudicious and overuse of prescribed psychoactive medications.

Understanding Depression

Understanding Depression follows on from Understanding Psychosis in increasing the public's awareness of psychological approaches to mental health difficulties.

Supporting Students at Risk (SStar): developing a person-centred care pathway for students who self-harm and are at risk of suicide

The SStar project aims to formalise the findings of the Pathways Clinic evaluation and to use the unique expertise which clinical psychology offers to develop a care pathway for high-risk students.

Producing guidance on psychological approaches to the understanding and treatment of psychological difficulties in people with motor neurodegenerative conditions (NDD)

This project aims to bring together best practice from both an academic and practitioner perspective to promote a psychological, non-medical and socially informed approach to the description of these difficulties.

Development and efficacy of a self-help guide to support clinical psychologists who experience mental health problems in reaching disclosure decisions

This project will develop and test a self-help intervention for (clinical) psychologists and trainees who are among the sizeable proportion of the profession who have experienced mental health problems themselves but are afraid to talk openly about their difficulties.

Understanding Psychosis “youngER”—An Easy-Read Version for Children and Young People, People with Learning Difficulties, with English as a Second Language or in Acute Crisis

A shorter, simplified, consolidated and summarised, illustrated and larger-print version of Understanding Psychosis and Schizophrenia to ensure a widened accessibility for its vital core messages.

Evaluating three exemplar sites demonstrating the impact of Clinical Psychology in Primary Care

This project involved an evaluation of three exemplar sites where clinical psychologists are leading the delivery of new models of care in Primary Care settings.

GTiCP

This project aims to fill a gap by scoping out new developments in the roles played by clinical psychologists in different settings, and assessing their impact.

Developing competencies for digital clinical practice - an e-learning package for applied psychologists and trainees

This project aims to increase the competencies of applied psychologists to enable safe and effective digital clinical practice.