



The British Psychological Society  
Promoting excellence in psychology



## Accreditation Programme for Psychological Therapies 5<sup>th</sup> Annual Forum

Wednesday 13 November 2019, 10.00 – 4.00  
The Bar Convent Trust, York, YO24 1AQ



#APPTSForum

### Programme

10.00–10.30	<b>Registration and refreshments</b>
10.30-10.35	<b>Chairs' welcome address</b> <i>Dr Esther Cohen-Tovee, Director of AHPs &amp; Psychological Services, Northumberland, Tyne &amp; Wear NHS FT, DCP Chair, APPTS Co-Chair, British Psychological Society &amp; Jo Hemmingfield, BPS Service User Representative</i>
10.35-10.45	<b>APPTS update</b> <i>Eve Blanchard and Tahiyat Rashid, APPTS Project Team, Royal College of Psychiatrists</i>
10.45-11.15	<b>A service model for people with complex psychological, physical and social needs</b> <i>Clare Jefferson, Principal Clinical Psychologist, and Catherine Parker, Consultant Clinical Psychologist and Clinical Lead for Familiar Faces, Cumbria Partnership Trust</i>
11.15-11.30	<b>Break</b>
11.30-12.00	<b>Working in IAPT with people with persistent physical symptoms – our learning 7 years on from setting up a pathfinder service</b> <i>Dr Alison Salvadori, Consultant Clinical Psychologist, Clinical Service Manager, Talking Therapies, Berkshire</i>

12.00-12.30	<b>Student Mental Health- Key Challenges</b> <i>Louise Knowles and Rob Barnsley, Head of Service and Mental Health Support Manager, University of Sheffield Counselling and Mental Health Support Service</i>
12.30-13.15	<b>Lunch</b>
13.15-14.00	<b>Meeting the 4<sup>th</sup> edition of APPTS standards – workshop</b> <i>Dr Esther Cohen-Tovee and APPTS Project team</i>
14.00-14.30	<b>Race, Culture Mental Health and Psychotherapy</b> <i>Juliet McKenzie, Expert by Experience</i>
14.30-14.45	<b>Tea break</b>
14.45-15.15	<b>Psychological Therapies for People Diagnosed with Psychosis, Bipolar Disorder and Personality Disorder</b> <i>Dr Alison Brabban, Expert Advisor to AMH Programme, NHS England</i>
15.15-15.45	<b>St Andrew’s Story: APPTS Accreditation</b> <i>Ruth Unsworth, Deputy Director, Student Services, The University of St Andrews</i>
15.45-15.50	<b>Chairs’ closing remarks</b> <i>Dr Esther Cohen-Tovee</i>
16.00	<b>Event close</b>

For more information about APPTS, visit our website at [www.appts.org.uk](http://www.appts.org.uk), email [APPTS@rcpsych.ac.uk](mailto:APPTS@rcpsych.ac.uk) or call 0203 701 2533.

The forum is eligible for 4 CPD hours subject to your peer group approval.