Division of Health Psychology
Annual Conference 5-7th September 2012, Holiday Inn Liverpool City Centre

SCIENTIFIC PROGRAMME
### Tuesday 4th September 2012

**Holiday Inn, Liverpool City Centre (Shanghai), Pre- Conference Workshop**

<table>
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<tr>
<th>Time</th>
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| 9.00 – 17.00  | Satellite Workshop- Improving the specification of complex interventions to improve health: Using a taxonomy of behaviour change techniques  
*Delegates would need to register and pay an additional fee to attend this workshop*  
Conveners: J.J. Francis, W. Hardeman |

### Wednesday 5th September 2012

**Holiday Inn, Liverpool City Centre**

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<th>Time</th>
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| 9:00 – 12.00  | Satellite Workshop- Improving the specification of complex interventions to improve health: Using a taxonomy of behaviour change techniques  
*Delegates would need to register and pay an additional fee to attend this workshop*  
Conveners: J.J. Francis, W. Hardeman |
| 10:30 onwards | Registration (2nd Floor Foyer)                                        |
| 11.30 – 12.15 | Lunch (2nd Floor Foyer and Restaurant)                               |
| 12.15 – 12.30 | Conference Welcome: Chair DHP: Dr Neil Coulson (Liverpool)           |
| 12.30 – 13.30 | Keynote Speaker: Professor Rona Moss-Morris (Liverpool)              |

#### Breakout sessions

<table>
<thead>
<tr>
<th>Liverpool</th>
<th>Shanghai</th>
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| Symposium Training Health Psychologists within the NHS: Making a difference to health in Scotland  
Convenor: L. Bedford | Oral Presentations (Health Psychology in General Practice) | Oral Presentations (Health behaviour change) | Oral Presentations (Child and adolescent health) |
| 13.35 – 13.55 | *Paper 1: Health Psychology in NHS Practice: The NHS Education for Scotland Training Programme*  
V. Swanson, E. Bull & L. Bedford | Barriers to effective GP use of the fit note  
E. Fylan, F. Fylan & L. Caveney | Young dogs and new tricks: using health psychology training level to validate the Health Behaviour Change Competency Self-Assessment  
E. Bull, D. Dixon & M. Johnson | Evaluating the impact of a brief media literacy intervention on body image, media influence and topic knowledge amongst 10-11 year olds.  
N. Paraskeva, E. Halliwell, P. Diedrichs & Z. Yager |

### Wednesday 5th September 2012

[Papers presented by first author unless a different author is underlined]
**13.55 – 14.15**  
**Paper 2:** Supporting a co-production approach to improving health: the role of Health Psychology  
*L. Bedford, R. Sinnak & R. O’Connor*  
Can a walking intervention which has previously demonstrated efficacy be successfully delivered in primary care? A mixed-methods study  
*D.P. French, S. Michie, C.A. Taylor, S. Williams & J. Dale*  
Understanding health-protective behaviours within a wider lifestyle context: The role of cognitions, actions, and personality  
*R. Lowe, P. Sheeran & P. Norman*  
An acceptability study of YP-face it: an online psychosocial intervention for adolescents with appearance-altering conditions or injury.  
*C. Griffiths, H. Williamson & N. Rumsey*

**14.15 – 14.35**  
**Paper 3:** Health Behaviour Change in NHS Grampian  
*E. Bull, L. Leighton-Beck, D. Ross-Archer & M. Johnson*  
"You can't prevent anything anyway": a meta-synthesis of qualitative evidence about cardiovascular screening programmes  
*R. Shaw, R. Cooke, Y. Cooper & C. Holland*  
Do elicitation studies really identify important beliefs? A test of the cognitive accessibility assumption in a multinational Delphi study set in critical care  
*J.J. Francis, E.M. Duncan, G. Maclellan, M.E. Prior, B.H. Cuthbertson & The Suddicu UK Study Group*  
Exploring the high rates of paediatric asthma hospital admissions in an inner-city area of Birmingham  
*F. Ikram, C. Cummins, H. Pattison & L. Barrett*

**14.35 – 14.55**  
**Paper 4:** Applying Health Psychology in understanding and addressing teenage pregnancy in Tayside  
*O. Ciocanel, A. Eriksen, K. Power & V. Swanson*  
Nurse training about weight management: a systematic review of behaviour change interventions  
*A. Chisholm, A. Fillingham, S. Peters & J. Hart*  
The Behaviour Change Technique Taxonomy (V1) of 87 hierarchically-clustered techniques: building an international consensus for the reporting of behaviour change interventions  
*S. Michie, M. Richardson, M. Johnson, C. Abraham, J. Francis, W. Hardeman, M. Eccles & J. Cane*  
Behaviour Change Techniques found in Children's Dental Visit Story Books: A Content Analysis  
*L. O’Malley, P. Adair & C. Pine*

**15.00 - 16.00**  
**Tea/Coffee (2nd Floor Foyer) and works in progress poster session (works in progress)**

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<tr>
<th>Liverpool</th>
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<tbody>
<tr>
<td>Oral Presentations (Health of older populations)</td>
<td>Oral Presentations (Stress)</td>
<td>Oral Presentations (Illness perceptions 1)</td>
<td>Oral Presentations (Weight management)</td>
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**Wednesday 5th September 2012**  
[Papers presented by first author unless a different author is underlined]
### 16.00 - 16.20

<table>
<thead>
<tr>
<th>Title</th>
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<tbody>
<tr>
<td>Understanding the Mental and Physical Health of Older Gay Men: Sense of Coherence as a Critical Protective Factor</td>
<td>A. Lyons, M. Pitts &amp; J. Grierson</td>
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<tr>
<td>Exploring the relationship between work-related rumination, sleep quality and work-related fatigue.</td>
<td>D. Quertret &amp; M. Cropley</td>
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<tr>
<td>&quot;Anything that would actually work, I'll try it&quot;: patients' beliefs about low back pain treatments</td>
<td>F. Bishop, A. Dima, G. Lewith, P. Little, N. Foster &amp; R. Moss-Morris</td>
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<tr>
<td>What are the most effective techniques in changing obese individuals' self-efficacy towards physical activity and their physical activity behaviour: a systematic review and meta-analysis</td>
<td>E.K. Olander, H. Fletcher, S. Williams, L. Atkinson, A. Turner &amp; D.P. French</td>
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### 16.20 - 16.40

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<tr>
<th>Title</th>
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<tr>
<td>Unequal Ageing: A capabilities approach to understanding inequalities among older people.</td>
<td>C. Stephens, M. Breheny &amp; J. Mansvelt</td>
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<tr>
<td>The experience of stress in the diary entries of women newly diagnosed with breast cancer: A qualitative study</td>
<td>J. MC. Sharry, R. Curtis, A. Groarke &amp; M. Kerin</td>
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<tr>
<td>Exploring potential family factors influencing work participation in persistent back pain: a pilot study of significant others' illness beliefs</td>
<td>J. Brooks, S. McCluskey, N. King, D. Vyas &amp; K. Burton</td>
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<td>Failing to lose weight whilst taking orlistat: a qualitative study of patients at 18 months follow up</td>
<td>A. Hollywood &amp; J. Ogden</td>
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### 16.40 - 17.00

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<tr>
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<tr>
<td>Interactions between health professionals and older adults about their sexual health and well-being needs</td>
<td>S. Hinchliff &amp; M. Gott</td>
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<td>Accessing dental services: experiences of refugees and asylum seekers</td>
<td>E. Fylan, L. Caveney &amp; F. Fylan</td>
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<td>&quot;It's a huge maze, the system, it's a terrible maze&quot;: Dementia carers' perceptions of navigating health and social care services</td>
<td>E. Peel &amp; R. Harding</td>
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<td>A qualitative study of overweight and obese Royal Navy personnel's experiences with weight management</td>
<td>G. Garip &amp; L. Yardley</td>
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### 18.30/18.45

| Group 1 (18.30) and Group 2 (18.45) to gather in hotel foyer: Beatles Story Museum |

### 18.45/19.00

| Wine Reception at Beatles Story Museum |

### 20.15 onwards

| Dinner at local restaurants in Liverpool (select restaurant choice by 15:00 at Registration Desk) |

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*Wednesday 5th September 2012*

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<tr>
<td>9.00 - 9.20</td>
<td>Making Health Psychology More Useful to Policy-makers&lt;br&gt; S. Michie, A. Black, R. West, M. Johnson, D. Dixon, S. Joice &amp; R. O’Carroll</td>
<td>Structured Discussion</td>
<td>Oral Presentations (Experiences of illness)</td>
<td>Symposium&lt;br&gt;Health psychology in the dental context&lt;br&gt;Convener: H. Buchanan</td>
<td>Oral Presentations (Women’s health)</td>
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<td><strong>Making Health Psychology More Useful to Policy-makers</strong>&lt;br&gt;S. Michie, A. Black, R. West, M. Johnson, D. Dixon, S. Joice &amp; R. O’Carroll</td>
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<td><strong>Oral Presentations</strong>&lt;br&gt;(Experiences of illness)</td>
<td><strong>Symposium</strong>&lt;br&gt;Health psychology in the dental context&lt;br&gt;Convener: H. Buchanan</td>
<td><strong>Oral Presentations</strong>&lt;br&gt;(Women’s health)</td>
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<tr>
<td>10.00 - 10.20</td>
<td>Continued</td>
<td>Health Psychologists’ and Counsellors’ conceptualisations of the process of change in clients with chronic health conditions&lt;br&gt;P. Millar, D. Harcourt &amp; T. Moss</td>
<td></td>
<td><strong>Paper 4: The social validation of Cognitive Behaviour Therapy for Dental Phobia</strong>&lt;br&gt;T. Newton &amp; P. Sturmey</td>
<td>The psychological consequences for pregnant women of a newly introduced prenatal screening test for pre-eclampsia&lt;br&gt;J. Harris, B. Green, L. Franck &amp; S. Michie</td>
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<td>10.20 – 10.50</td>
<td>Tea/Coffee (2nd Floor Foyer) Open University Press Book Launch</td>
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<td>Thursday 6th September 2012 [Papers presented by first author unless a different author is underlined]</td>
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<td>10.50 – 11.10</td>
<td>Distinct Patterns of Depression symptoms over the first year of dialysis: associations with illness perceptions J. Chilcot, S. Norton, D. Wellsted, A. Davenport, J. Firth, K. Farrington</td>
<td>Understandings of Type 2 diabetes in 'at risk' families H. Farrimond</td>
<td>Subjective well-being in the eighth decade: The importance of social support and personality, C.E. Brett, G. Malloy &amp; I. Deary</td>
<td>Cancer survivors' self efficacy to self manage problems arising from primary cancer and its treatment: Results of an online survey C. Foster, P. Cotterell, M. Breckons &amp; D. Fenlon</td>
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**11.55 – 12.55** **Keynote Speaker: Professor Kinta Beaver (Liverpool)**

**13.00 - 14.30** **Lunch (2nd Floor Foyer and Restaurant)**

**13.30 - 14.30** **DHP AGM (Liverpool)**
<table>
<thead>
<tr>
<th>Time</th>
<th>Oral Presentations (Risky lifestyle behaviours)</th>
<th>Oral Presentations (Pain)</th>
<th>Oral Presentations (Stress and distress)</th>
<th>Oral Presentations (Behavioural interventions in practice)</th>
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<tr>
<td>16.00 - 17.00</td>
<td>Keynote Speaker: Professor Karen Glanz (Liverpool)</td>
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<td>17.00 - 17.15</td>
<td>DHP Awards: Presented by TBC (Liverpool)</td>
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<td>17.20 - 18.20</td>
<td>Tea/coffee and Poster Sessions, including Health Psychology in Action posters (2nd Floor Foyer)</td>
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<td>20.00 onwards</td>
<td>Conference Dinner held at the Maritime Museum, Albert Dock</td>
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<tr>
<td>9.00 - 9.20</td>
<td>Liverpool</td>
<td>Workshop</td>
<td>Oral Presentations (Smoking)</td>
<td>Oral Presentations (Cancer)</td>
<td>Oral Presentations (Food and healthy eating)</td>
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<tr>
<td>9.00 - 9.20</td>
<td>Continued</td>
<td>Solution Focused (SF) approaches in Health: Background, applications, evidence and skills  J. Unwin, D. Bray, S. Curtis, B. Simm &amp; J. Iddon</td>
<td>To what extent does the success of supported attempts to quit smoking depend on the practitioner delivering the support for this behaviour change? L.S. Brose, R. West, S. Michie &amp; A. McEwen</td>
<td>The impact of health literacy on the effectiveness of a gynaecological cancers information leaflet M. Morris, E. Boxell, S. Smith, S. Kummer, G. Rowlands, J. Waller, J. Wardle &amp; A. Simon</td>
<td>Impact of a parent course upon family dietary intake, eating behaviours and parental self-efficacy T.A. Willis, J. George, C. Hunt &amp; M.C.J. Rudolf</td>
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<td>9.40 - 10.00</td>
<td>Continued</td>
<td>Assessing the intervention fidelity of smoking cessation behavioural support in practice F. Lorencatto, R. West, C. Christopherson &amp; S. Michie</td>
<td>Predictors of time to help-seeking for ovarian cancer symptoms among women in the UK E. Low, J. Waller, U. Menon, A. Jones, F. Reid &amp; A. Simon</td>
<td>Promoting healthy dietary behaviour: the role of message framing and autonomy S. Churchill &amp; L. Pavey</td>
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<td>10.40 - 11.10</td>
<td>Tea/coffee (2nd Floor Foyer)</td>
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<td>11.10 - 12.10</td>
<td>Poster Sessions (2nd Floor Foyer)</td>
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<td>12.10 - 12.15</td>
<td>Keynote Speaker: Professor Robert West (Liverpool)</td>
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<td>13.15 - 13.30</td>
<td>Conference closing words (Liverpool)</td>
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**Poster presentations**

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Presentation of papers will begin 10 minutes after the start of each poster session, to allow transit and comfort breaks. Poster sessions are chaired and themed in groups of up to six posters. Each presenter will give a two–three minute summary of their work followed by a three-minute discussion facilitated by session chairs.

**Poster session 1, Works in Progress Posters:** *Wednesday 5th September 15.00-16.00*

*Note:* The works in progress poster session will not be chaired and instead of giving presentations about their posters, authors will stand by their posters and will answer questions.

**WOMEN’S HEALTH**

a. **PEGASUS: Feasibility of an intervention to elicit patients’ expectations of breast reconstruction after mastectomy**

_D. Harcourt, C. Griffiths, E. Baker, E. Hansen, A. Clarke_

b. **Effectiveness and usability of MumsQuit-1, an internet-based smoking cessation intervention for pregnant smokers**

_A. Herbec, J. Brown, E. Beard, R. West_
c. The impact of Polycystic Ovary Syndrome on quality of life: A photovoice study  
S. Williams, R. Knibb, D. Sheffield

d. You asked me what I wanted to do': Motivational Interviewing in promoting a healthy pregnancy  
L. Warren, J. Rance, B. Hunter, A. Brown

e. Is pregnancy a teachable moment for making positive changes to diet and physical activity? An exploration of the experiences of first-time mothers from deprived communities  
L. Atkinson, R. L. Shaw, D. P French

INDIVIDUAL PAPER

a. The influence of social norms and normative misperceptions on suicidal behaviours in adolescents  
J. Quigley, S. Rasmussen, J. McAlaney

b. Lifelong health and wellbeing of the 6-Day Sample of the Scottish Mental Survey 1947  
C. E. Brett, I. J. Deary

c. Validating EMA measures of stress in nurses  
C. Bell, D.W. Johnston, J. Allan, M. Johnston, B. Pollard

d. A survey of parents’ views and experiences of the National Child Measurement Programme (NCMP) within NHS Dudley  
L. Atkinson, E. Olander, D. P. French

e. Health Service Redesign in End of Life Care  
L. Lord

f. The effect of the Duke of Edinburgh Award Scheme on the psychological and physical health of young people with intellectual disability  
B. Fitzpatrick, L. Taggart, W. Cousins, G. Breslin

g. Addressing sexuality in health psychology  
J. Semlyen, K. Clayton

h. Teaching medical students theory-based behaviour change techniques: TENT PEGS study  
A. Chisholm, S. Peters, K. Mann, J. Hart

i. Evaluation of impact and effectiveness of a paediatric specialist weight management service for children  
K. Flett, R. Povey, M. Forshaw
PATIENT EXPERIENCES OF LIVING WITH

a. A pilot study of a novel eco-therapy based intervention for individuals affected by cancer: preliminary findings and lessons learnt
C. Phelps, C. Butler, C. Hughes

b. Understanding and availability of genetic testing for inherited retinal disease - a patient perspective
T. A. Willis, B. Potrata, M. Ahmed, M. Mckibbin

c. Exploring the views of patients, parents and health professionals about what constitutes successful transition for young people with liver transplants
J. Arkley, L. Elwell, J. Wray, D. Kelly

d. Living with an ICD: experiences of patients and partners living with an Implantable Cardioverter Defibrillator
N. Humphreys, R. Lowe, J. Rance, M. Price, P. Bennett

e. People living with multiple sclerosis report improved quality of life and psychological distress after attending HOPE MS programme
A. Turner, D. McHattie, V. Harker, N. Holmes, K. Robertson

f. Unmet Psychosocial Needs in Haematological Cancer: a systematic review of the literature
B. Swash, N. Hulbert-Williams, R. Bramwell

g. Everyday stressors, cortisol secretory activity, and fatigue in relapsing-remitting multiple sclerosis
D. Powell, W. Schlotz, C. Liossi, R. Moss-Morris

h. RESTORE: Trial protocol of an online intervention to enhance self efficacy to self manage cancer related fatigue
C. Grimmett, M. Breckons, L. Calman, J. Corner, D. Fenlon, A. Richardson, P. Smith, L. Yardley, C. Foster

SELF MANAGEMENT & BEHAVIOUR CONTROL

a. Development and evaluation of ChangeDrinking: a web-based intervention designed to encourage help seeking by problem drinkers
J. Birtwistle, K. Rumball, G. Tober, D. Raistrick, O. Johnson, B.M. Bewick

b. The efficacy of spirometry testing in motivating smoking cessation for people at risk of Chronic Obstructive Pulmonary Disease (COPD)
A. Baraniak

c. An investigation of complementary and alternative medicine users, with respect to; beliefs, Schizotypy, health anxiety, and a personal sense of uniqueness
A. Turvill, D. Sheffield, I.S Baker
d. The influence of meal/snack presentations on expected satiety, hunger and fullness and subsequent food consumption
S. Brown, V. Aris

e. Integrating self-management training into pulmonary rehabilitation: impact on exercise capacity, quality of life and health care utilisation
F. Early, T. Watts, P. Fagan, J. Fulid

f. How Does Mindfulness Training work in Irritable Bowel Syndrome Treatment?
W. Tan, A. Baillie

g. Contextual Cognitive-Behavioural Therapy (CCBT) for the Self-Management of Chronic Pain in the Community: A Feasibility Study
A. Sato, L. MCCRacken

h. Exercise rehabilitation after hip or knee replacement: The complementary effects of illness representations and self-efficacy on adherence, functional recovery and emotional well-being
E. Magklara, V. Morrison, C. Burton

Poster session 2, including Health Psychology in Action Posters: Thursday 6th September 17.20-18.20

HEALTH PSYCHOLOGY IN ACTION 1

a. A themantic analysis of receiving news of a mental health diagnosis – Australian Perspectives on Health Communication
A. Milton, B. Mullan

b. Applying Psychology in Postgraduate Medical Education
C. Tregoning, G. Phazey, A. Brockbank

c. The Evaluation of a Health & Wellbeing Improvement programme (H&WBIP)
L. MacDonald, A. Hooke

d. An Application of Psychological Theory to the Practical Problem of Retained Surgical Swabs in Healthcare
D. D’lima, M. Sacks, W. Blackman, J. Benn

e. An evaluation of the Small Wonders Change Programme
B. Jackson, L. Wallace, K. Anwar, I. Kehal, A. Baum, B. Yoxall, S. Law, M. Campbell
f. A qualitative insight into the NHS Health Check programme in Birmingham
   L. Chipchase, J. Waterall

HEALTH PSYCHOLOGY IN ACTION 2

a. An exploratory study of a multi-method approach to explore the challenges faced by adolescents with Down's Syndrome during Adolescence
   C. Butler, C. Phelps, C. Hughes

b. Fistula refusal: A qualitative study exploring the accounts and lived experiences of haemodialysis patients deciding against fistula access
   J. Hare, M. Forshaw, S. Grogan

c. The use of electronic daily diaries to capture the oral health experiences of individuals with sensitive teeth
   J. Porritt, S. Baker

d. Mechanisms underlying response shift in people with dentine hypersensitivity: interim results
   M. Krasuska, S. Baker, F. Sufi, A. Barlow, P. Robinson

e. The effect of patient mood on the spousal caregiver post stroke
   K. Williams, A. Davies, E. Thornton, L. Piggin, C. Graham, K. Brooks

f. Integrating Stress-Management into an Adult Diabetes Service
   V. Swanson

PATIENT EXPERIENCES

a. The psychosocial experiences of adolescents living with a parent with diabetes
   K. Bould, S. Gallagher

b. A longitudinal study of the psychological impact of a cancer diagnosis: findings from a prospective, population-based cohort study
   K. Williams, A. Steptoe, J. Wardle

c. The relationship between pain catastrophizing and gesture production during pain communication
   S. Rowbotham, D. Lloyd, J. Holler, A. Wearden

d. 'A Computer Virus...An Endless Loop That Won't Stop': Making sense of the inexplicable in Rheumatoid Arthritis
C. Flurey, M. Morris, J. Pollock, R. Hughes, P. Richards, S. Hewlett

e. The influence of pain acceptance on emotional wellbeing among people with lupus and rheumatoid arthritis in the Caribbean
  P. Leon, J. Elander

f. Functional Living in Type II Diabetes: Executive Functioning, Dual Task Performance and the Impact on Postural Stability and Motor Control
  J.E. Else, M. A. Smith, L. Paul, J.K. Foster, K. A. Wesnes, L. M. Riby

g. Coping strategies and adherence of pre-menopausal breast cancer patients on tamoxifen: Their personal experiences
  R. Gordon, A. Manyande

COMMUNICATION & DECISION MAKING

a. Systematic review of the literature on communication passports for people with communication impairments
  C. Jim, J. Goldbart

b. Communication of the diagnosis of Motor Neurone Disease: views of patients and caregivers
  R. H. Dodd, J. Weinman

c. Factors associated with pre-hospital delay intentions for symptoms of stroke and myocardial infarction in the general population
  L. Williams, L. Bertram, J. Gilmour

d. Why don’t people use NHS dental services?
  L. Caveney, F. Fylan, E. Fylan

e. The communication of mental health diagnosis: A Systematic Review
  A. Milton, B. Mullan

f. Empowering prostate cancer patients and their female partners within prostate cancer online support groups
  K. Campbell, N. Coulson, H. Buchanan

g. Can intensions to register for organ donation be predicted?
  F. Peacock, A. Manyande

h. Communication in paediatric palliative care
  E. Gaab, G. Owens, R. McLeod
HEALTH PROFESSIONALS

a. Promoting Psychological Well-Being in Dentists: The Role of Intrinsic Aspirations
   A. Montasem, S. L. Brown, J. Dickson, R. Harris

b. Chronic Fatigue Syndrome: a qualitative exploration of sufferer’s interactions with healthcare professionals
   C. Price, E. Sparkes

c. GP isolation: How GPs work with others to help patients stay in or return to work
   F. Fylan, B. Fylan, L. Caveney

d. Working with children with thalassemia and their families: Healthcare Professionals’ Experiences in Pakistan
   T. Cartwright, G. Mufti, T. Towell

e. Contradiction in talk: Lay perspectives about weight management responsibility and control in consultations with health professionals
   J. Hart, S. Yelland, A. Mallinson, S. Peters

f. Has the mainstreaming agenda affected the management of the health and health care of people with learning disabilities?
   R. Menday, R. Gillibrand

g. The consequence vacuum: GPs’ experiences of sickness certification using the fit note
   E. Fylan, F. Fylan, L. Caveney

h. Does solo responding influence psychological health among emergency ambulance workers?
   M. Sangster, J. Elander

RISKY BEHAVIOURS

a. The short-term impact of an alcohol brief intervention delivered in the Custody Suite
   G. Bates, P. Duffy

b. Perceptions of pregnant women of current smoking cessation services
   S.J. Butterworth, E. Sparkes, A. Trout, K. Brown

c. Member’s experiences of being in a mutual-aid group: A phenomenological comparison of Alcoholics Anonymous and SMART Recovery
   F. Mcgill, D. Clarke
d. A thematic analysis of perceptions of health risks associated with smoking  
H. Afzal

e. Supporting long-term changes in driver behaviour  
F. Fylan, E. Fylan, L. Caveney

Poster session 3, Friday 7th September 11.10 – 12.10

PHYSICAL ACTIVITY & EXERCISE

a. A response to treatment audit in a CBT and Graded Exercise based intervention for Chronic Fatigue  
L. Gemson, M. Roy, D. Riley

b. Development of a measure to assess adherence to exercise  
N. Beinart, E. Godfrey, J. Weinman

c. Psychological theories and techniques used to enhance women’s physical activity during pregnancy  
S. Currie, M. Sinclair, D. Liddle, M. Murphy, E. Madden

d. Investigating the influence of interactive game consoles on physical activity motivation & mood: Wii vs Kinect  
A. Choter, B. Marsden

e. Can Facebook Make You Fat? A Survey of Self-Reported Physical Activity & Social Networking In University Students  
E. O’Leary, W. Cousins, T. Macintyre

f. Experiences of exercise amongst high and low exercisers: An interpretative phenomenological analysis  
F. Tabassum, D. Clarke

h. Developing a measure to assess the benefits of physical exercise for people with severe mental illness  
L. Whelen, A. Whalley
STRESS & ANXIETY

a. Engaging young adults in promoting wellbeing: A photovoice project
K. Wright-Bevans, E. V. Estacio, J. Bailey

b. Screening for depression and anxiety in paediatric diabetes services: Further support from an Australian study
K. Buttigieg, P. Bergman, C. Rodda, M. Hay

c. Stress, Social Support and Mood in Mothers of Infants and Young Children
P. Hutchinson, M. Roy

d. Social Support and Daily Stress Exposure and Affect Disturbance
A. Dent, M. Roy

e. Men’s experiences of prostate cancer and the need for stress management support, ‘I think time obviously does help you to cope with it, but at the time I was devastated’
L. Hackshaw, K. Vedhara, R. das NAIR

f. Understanding dental anxieties
F. Fylan, L. Caveney, E. Fylan

g. How does pre-menstrual distress and stress influence psychological wellbeing?
H. Semper, Y. Desai

WEIGHT & EATING

a. The impact of an emotionally expressive writing intervention on bodyweight and eating pathology
N. Kupeli, U. Schmidt, I. Campbell, J. Chilcot, N. Troop

b. Family and female identity as facilitators of healthy eating
K. Banas, J.B.F de Wit, J.F Forbes, M. Johnston

c. Comparing thought suppression and acceptance as coping techniques for food cravings
d. Drivers and Barriers to fruit and vegetable consumption in adults: A qualitative research synthesis
S. Howard

e. The development of the Mindful Eating Scale
S. L. Hulbert-Williams, W. Nicholls, J. Joy, N. Hulbert-Williams

f. Experiences of coping with breast cancer risk though weight control: an Interpretative Phenomenological Analysis
C. Wright, N. Hulbert-Williams

g. Can an intervention enhancing positive affect lead to weight loss: A pilot study
A. Chater, A. Green

h. Impact of an investment based intervention on weight-loss and hedonic thoughts post-obesity surgery
M. Husted, J. Ogden

i. The role of self-efficacy, locus of control, exercise and diet in predicting BMI in normal weight, overweight and obese individuals
R. Knibb, C. Swift

j. Exploring sex differences in the relationships between compensatory health beliefs and health beliefs about obesity
K. Quincey, H. Semper

k. Drug Use in Weight Management: an Interpretative Phenomenological Analysis
A. Mendieta-Tan, S. L. Hulbert-Williams, W. Nicholls

INDIVIDUAL POSTERS

a. The Effects of an Electronic Coping-Enhancement Programme for Bereaved Women on Psychosocial Factors in Breast-Cancer Development
J. Eberhardt, A. van Wersch, P. van Schaik

b. Social distancing behaviour in response to a simulated infectious disease outbreak: The role of protection motivation theory and personality
L. Williams, E. Janiak, A. Kleczkowski, S. Maharaj, S. Rasmussen

c. Stranger at the Gate: Terror Management Theory explains negative perceptions of Palliative Care in Parkinson’s Disease
G. Kernohan, W. Cousins, M. Waldron

d. The 2nd to 4th digit ratio (2D:4D), lifestyle choice, muscle dysmorphia and body dissatisfaction in males
J. Pulman, E. Buckley, N. Caswell

e. Development of a population and situation specific self-efficacy measure: the UKC-PostCarD Scale (Understanding, Knowledge and Confidence in providing Postural Care for children with Disabilities)
S. Hotham, E. Hutton, K. Hamilton-West

f. Characterising interventions to improve GP referral to secondary care using the Behaviour Change Wheel
S. Dowling, L. Atkins, R. West, S. Michie

g. An exploration of accounts of seizures: an Interpretative Phenomenological Analysis (IPA)
V. Featherstone, P. Campion, A. Sandfleld

h. Exploring individual attitudes towards screening tests for Alzheimer’s disease
A. C. S. Clarke, T. Edginton

i. Manipulating Parkinson’s patients’ implicit theories of their ability to affect vocal characteristics, prior to introduction to a smart-phone speech therapy application

j. ‘One nuclear emotion that truly will dull your senses’: A qualitative analysis of the experience of a relative of a major organ transplant recipient.
K. Atherton, H. Lee

k. The physical and psychological impact of using a computer-based environmental control system: A case study
L. Squires, V. Morrison, F. Rush, A. Hopkinson