Division of Health Psychology
Annual Conference 5-7th September 2012, Holiday Inn Liverpool City Centre

SCIENTIFIC PROGRAMME
**Wednesday 5th September 2012**

**Holiday Inn, Liverpool City Centre**

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
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<tr>
<td>9:00 – 12.00</td>
<td>Shanghai <em>Pre- Conference Breathe Workshop ‘How to write and peer-review scientific publications: The views of an editor</em> Delegates would need to register and pay an additional fee to attend this workshop</td>
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<tr>
<td>10:30 onwards</td>
<td>Registration <em>(2nd Floor Foyer)</em></td>
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<tr>
<td>11.30 – 12.15</td>
<td>Lunch <em>(2nd Floor Foyer and Restaurant)</em></td>
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<tr>
<td>12.15 – 12.30</td>
<td>Conference Welcome: Chair DHP: Dr Neil Coulson <em>(Liverpool)</em></td>
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<tr>
<td>12.30 – 13.30</td>
<td>Keynote Speaker: Professor Rona Moss-Morris <em>(Liverpool)</em></td>
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**Breakout sessions**

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<thead>
<tr>
<th>Liverpool</th>
<th>Shanghai</th>
<th>New York</th>
<th>Dublin</th>
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<tr>
<td><strong>Symposium</strong>&lt;br&gt;Training Health Psychologists within the NHS: Making a difference to health in Scotland&lt;br&gt;Convenor: L. Bedford</td>
<td><strong>Oral Presentations</strong>&lt;br&gt;(Health Psychology in General Practice)&lt;br&gt;(Chair Jo Hart)</td>
<td><strong>Oral Presentations</strong>&lt;br&gt;(Health behaviour change)&lt;br&gt;(Chair Mark Forshaw)</td>
<td><strong>Oral Presentations</strong>&lt;br&gt;(Child and adolescent health)&lt;br&gt;(Chair Heather Buchanan)</td>
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<tr>
<td><strong>13.55 – 14.15</strong>&lt;br&gt;Paper 2: Supporting a co-production approach to improving health: the role of Health Psychology&lt;br&gt;L. Bedford, R. Sinnak &amp; R. O’Connor</td>
<td>Can a walking intervention which has previously demonstrated efficacy be successfully delivered in primary care? A mixed-methods study&lt;br&gt;<em>D.P. French, S. Michie, C.A. Taylor, S. Williams &amp; J. Dale</em></td>
<td>Understanding health-protective behaviours within a wider lifestyle context: The role of cognitions, actions, and personality&lt;br&gt;<em>R. Lowe, P. Sheeran &amp; P. Norman</em></td>
<td>An acceptability study of YP-face it: an online psychosocial intervention for adolescents with appearance-altering conditions or injury.&lt;br&gt;<em>C. Griffiths, H. Williamson &amp; N. Rumsey</em></td>
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<tr>
<th>Time</th>
<th>Session</th>
<th>Presenters and Title</th>
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<tbody>
<tr>
<td>15.00 - 16.00</td>
<td><strong>Tea/Coffee (2nd Floor Foyer) and works in progress poster session (works in progress)</strong></td>
<td>Liverpool</td>
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<td><strong>Oral Presentations (Health of older populations)</strong>&lt;br&gt;(Chair Lis Cordingley)</td>
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**Wednesday 5th September 2012**

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<tr>
<th>Time</th>
<th>Session</th>
<th>Presentations</th>
<th>Authors</th>
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<tbody>
<tr>
<td>16.00 - 16.20</td>
<td>Understanding the Mental and Physical Health of Older Gay Men: Sense of Coherence as a Critical Protective Factor</td>
<td>Understanding dental anxieties F. Fylan, L. Caveney, E. Fylan</td>
<td>A. Lyons, M. Pitts &amp; J. Grierson</td>
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<td></td>
<td>“Anything that would actually work, I'll try it”: patients' beliefs about low back pain treatments</td>
<td>“Anything that would actually work, I'll try it”: patients' beliefs about low back pain treatments</td>
<td>F. Bishop, A. Dima, G. Lewith, P. Little, N. Foster &amp; R. Moss-Morris</td>
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<td>What are the most effective techniques in changing obese individuals' self-efficacy towards physical activity and their physical activity behaviour: a systematic review and meta-analysis</td>
<td>What are the most effective techniques in changing obese individuals' self-efficacy towards physical activity and their physical activity behaviour: a systematic review and meta-analysis</td>
<td>E.K. Olander, H. Fletcher, S. Williams, L. Atkinson, A. Turner &amp; D.P. French</td>
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<td>Exploring potential family factors influencing work participation in persistent back pain: a pilot study of significant others' illness beliefs J. Brooks, S. McCluskey, N. King, D. Vyas &amp; K. Burton</td>
<td>Anything that would actually work, I'll try it&quot;: patients' beliefs about low back pain treatments</td>
<td>F. Bishop, A. Dima, G. Lewith, P. Little, N. Foster &amp; R. Moss-Morris</td>
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<tr>
<td>16.40 - 17.00</td>
<td>Interactions between health professionals and older adults about their sexual health and well-being needs S. Hinchliff &amp; M. Gott</td>
<td>Accessing dental services: experiences of refugees and asylum seekers E. Fylan, L. Caveney &amp; F. Fylan</td>
<td>F. Bishop, A. Dima, G. Lewith, P. Little, N. Foster &amp; R. Moss-Morris</td>
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<td>“It's a huge maze, the system, it's a terrible maze&quot;: Dementia carers' perceptions of navigating health and social care services E. Peel &amp; R. Harding</td>
<td>“It's a huge maze, the system, it's a terrible maze&quot;: Dementia carers' perceptions of navigating health and social care services E. Peel &amp; R. Harding</td>
<td>F. Bishop, A. Dima, G. Lewith, P. Little, N. Foster &amp; R. Moss-Morris</td>
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18.30/18.45 Group 1 (18.30) and Group 2 (18.45) to gather in hotel foyer: Beatles Story Museum  
18.45/19.00 Wine Reception at Beatles Story Museum  
20.15 onwards Dinner at local restaurants in Liverpool (select restaurant choice by 15:00 at Registration Desk)

Wednesday 5th September 2012

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<tr>
<td>9.00 - 9.20</td>
<td>Liverpool</td>
<td>Structured Discussion (Experiences of illness) (Chair Lucie Byrne-Davis)</td>
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<td>Shanghai</td>
<td>Oral Presentations</td>
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<td></td>
<td>New York</td>
<td>Symposium Health psychology in the dental context Convener: H. Buchanan</td>
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<td>Dublin</td>
<td>Oral Presentations (Women’s health) (Chair Maddy Arden)</td>
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<td>Emotional responses to multiple sclerosis: A qualitative exploration of narrative accounts B. Jones, V. Senior &amp; A. Coyle</td>
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<td>Paper 1: Oral health improvement using a culturally-sensitive behavioural intervention with pregnant women S. Al Khamis, K. Asimakopoulo, T. Newton &amp; B. Daly</td>
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<td>Maternal obesity support: Perspectives of women and midwives P.J Furness</td>
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<td>Paper 2: Lack of concordance in dentist and patient recall of the same consultation; implications for adherence with oral health instructions S. Misra, B. Daly, S. Dunne, B. Millar, M. Packer, K. Asimakopoulou</td>
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<td></td>
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<td>Can a cognitive behavioural intervention reduce the impact of menopausal symptoms? Results of a randomised controlled trial (MENOS2) M.S. Hunter, B. Ayers, E. Mann, J. Hellier &amp; M. Smith</td>
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<tr>
<td>9.40 - 10.00</td>
<td>Continued</td>
<td>The Experience of Living with a Mild Traumatic Brain Injury: A Qualitative Analysis in Military Personnel. H. Brunger &amp; J.Ogden</td>
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<td>Pregnancy termination for fetal abnormality: A meta-ethnography of women's experiences C. Lafarge, K. Mitchell &amp; P. Fox</td>
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<tr>
<td>10.00 - 10.20</td>
<td>Continued</td>
<td>Health Psychologists’ and Counsellors’ conceptualisations of the process of change in clients with chronic health conditions P. Millar, D. Harcourt &amp; T. Moss</td>
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<td>Paper 4: The social validation of Cognitive Behaviour Therapy for Dental Phobia T. Newton &amp; P. Sturmey</td>
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<td>The psychological consequences for pregnant women of a newly introduced prenatal screening test for pre-eclampsia J. Harris, B. Green, L. Franck &amp; S. Michie</td>
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<tr>
<td>10.20 – 10.50</td>
<td>Tea/Coffee (2nd Floor Foyer) Open University Press Book Launch</td>
<td>[Papers presented by first author unless a different author is underlined]</td>
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<td>Liverpool</td>
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<td><strong>Oral Presentations</strong>&lt;br&gt;(Illness perceptions 2)&lt;br&gt;(Chair Alison Wearden)</td>
<td><strong>Oral Presentations</strong>&lt;br&gt;(Diabetes)&lt;br&gt;(Chair Paul Bennett)</td>
<td><strong>Oral Presentations</strong>&lt;br&gt;(Well-being)&lt;br&gt;(Chair Lucy Hackshaw)</td>
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<td><strong>10.50 – 11.10</strong>&lt;br&gt;Distinct Patterns of Depression symptoms over the first year of dialysis: associations with illness perceptions&lt;br&gt;J. Chilcot, S. Norton, D. Wellsted, A. Davenport, J. Firth, K. Farrington</td>
<td>Understandings of Type 2 diabetes in 'at risk' families&lt;br&gt;H. Farrimond</td>
<td>Subjective well-being in the eighth decade: The importance of social support and personality&lt;br&gt;C.E. Brett, G. Malloy &amp; I. Deary</td>
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<tr>
<td><strong>11.55 – 12.55</strong>&lt;br&gt;Keynote Speaker: Professor Kinta Beaver (Liverpool)</td>
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<td><strong>13.00 - 14.30</strong>&lt;br&gt;Lunch (2nd Floor Foyer and Restaurant)</td>
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<td><strong>13.30 - 14.30</strong>&lt;br&gt;DHP AGM (Liverpool)</td>
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Thursday 6th September 2012

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<tr>
<th>Time</th>
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<th>Shanghai</th>
<th>New York</th>
<th>Dublin</th>
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</table>
| 14.35 – 14.55 | **Oral Presentations**  
(Behavioural interventions in practice)  
(Chair Pauline Adair) | **Oral Presentations**  
(Pain)  
(Chair Derek Johnston) | **Oral Presentations**  
(Stress and distress)  
(Chair Mark Roy) | **Oral Presentations**  
(Risky lifestyle behaviours)  
(Chair Triece Turnbull) |
| Health Psychology and Behavioural Economics an Integrative Perspective  
E. Ferguson | Baseline and change measures of pain coping, negative thoughts and pain acceptance as predictors of improved health-related quality of life  
J. Elander, J. Morris & G. Robinson | Effects of rumination on daily stress and ambulatory blood pressure levels following written emotional disclosure: A multi-level approach  
D. O’Connor, L. Ashley, F. Jones & E. Ferguson | Supporting long-term changes in driver behaviour  
F. Fylan, E. Fylan, L. Caveney |
| 14.55 - 15.15 | From evidence to recommendations in NICE’s advisory groups: views from the inside  
L. Atkins & S. Michie | A structural equation model of the Self Regulatory Model, Theory of Planned Behaviour and Health Belief Model to predict medication adherence in Rheumatoid Arthritis  
L. D. Hughes, A. Young & J. Done | Psychological distress and basal functioning and reactivity of the hypothalamic-pituitary-adrenal (HPA) axis in ecstasy users  
M.A. Wetherell & C. Montgomery | An on-product self-affirmation intervention to promote alcohol consumption within government recommended guidelines  
M.A. Arden & C.J. Armitage |
| 15.15 - 15.35 | Using health psychology training level to validate the Health Behaviour Change Competency Self-Assessment  
E. Bull, D. Dixon & M. Johnson | Psychological factors influencing painkiller use and dependence  
J. Elander, J. Duarte, F. A. Maratos & P. Gilbert | The influence of social identity on cardiovascular reactions to acute psychological stress  
S. Gallagher, O. Muldoon, R. Mangan & S. Meaney | Challenging Attentional Bias for Alcohol-Cues in Hazardous Drinkers through Implementation Intentions  
G. Smith, M. Arden, J. Reidy & C. Day |
| 15.35 - 15.55 | Evaluating a 'teachable moments' intervention to change behaviour following a life event  
J. Ogden | Adherence to back pain exercises: the role of executive function and treatment beliefs  
E. Godfrey, C. Down, K. Payne & N. Beinart | The role of Conscientiousness in the experience of everyday stress  
N. Gartland, D. O’Connor & R. Lawton | Edutainment; Impact of a health related storyline in a fictional television programme  
L. Bavin & G. Owens |
| 16.00 - 17.00 | **Keynote Speaker: Professor Karen Glanz** (Liverpool) |
| 17.00 - 17.15 | **DHP Awards:** Presented by TBC (Liverpool) |
| 17.20 - 18.20 | **Tea/coffee and Poster Sessions, including Health Psychology in Action posters** *(2nd Floor Foyer)* |
| 20.00 onwards | **Conference Dinner held at the Maritime Museum, Albert Dock** |

*Thursday 6th September 2012*  
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<tr>
<th>Time</th>
<th>Workshop</th>
<th>Oral Presentations (Smoking)</th>
<th>Oral Presentations (Cancer)</th>
<th>Oral Presentations (Food and healthy eating)</th>
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<tr>
<td>9.00 - 9.20</td>
<td>Solution Focused (SF) approaches in Health: Background, applications, evidence and skills J. Unwin, D. Bray, S. Curtis, B. Simm &amp; J. Iddon</td>
<td>To what extent does the success of supported attempts to quit smoking depend on the practitioner delivering the support for this behaviour change? L.S. Brose, R. West, S. Michie &amp; A. McEwen</td>
<td>The impact of health literacy on the effectiveness of a gynaecological cancers information leaflet M. Morris, E. Boxell, S. Smith, S. Kummer, G. Rowlands, J. Waller, J. Wardle &amp; A. Simon</td>
<td>Healthy eating considerations in the everyday eating practices of Irish adults aged 50-70: a qualitative study M. Delaney, M. McCarthy &amp; E. Shortt</td>
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<tr>
<td>9.40 - 10.00</td>
<td>Continued</td>
<td>Assessing the intervention fidelity of smoking cessation behavioural support in practice F. Lorenzatto, R. West, C. Christopherson &amp; S. Michie</td>
<td>Predictors of time to help-seeking for ovarian cancer symptoms among women in the UK E. Low, J. Waller, U. Menon, A. Jones, F. Reid &amp; A. Simon</td>
<td>Short and Longer Term Impact of Food Allergy on Quality of Life of the Family R. Knibb &amp; C. Stalker</td>
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### Poster presentations

*Posters presented by first author unless a different author is underlined*

Presentation of papers will begin 10 minutes after the start of each poster session, to allow transit and comfort breaks. Poster sessions are chaired and themed in groups of up to six posters. Each presenter will give a two–three minute summary of their work followed by a three-minute discussion facilitated by session chairs.

**Poster session 1, Works in Progress Posters: Wednesday 5th September 15.00- 16.00**

**Note:** The works in progress poster session will not be chaired and instead of giving presentations about their posters, authors will stand by their posters and will answer questions.

**WOMEN’S HEALTH**

a. **PEGASUS: Feasibility of an intervention to elicit patients’ expectations of breast reconstruction after mastectomy**
   
   D. Harcourt, C. Griffiths, E. Baker, E. Hansen, A. Clarke

b. **Effectiveness and usability of MumsQuit-1, an internet-based smoking cessation intervention for pregnant smokers**
   
   A. Herbec, J. Brown, E. Beard, R. West
c. The impact of Polycystic Ovary Syndrome on quality of life: A photovoice study  
S. Williams, R. Knibb, D. Sheffield

d. You asked me what I wanted to do': Motivational Interviewing in promoting a healthy pregnancy  
L. Warren, J. Rance, B. Hunter, A. Brown

e. Is pregnancy a teachable moment for making positive changes to diet and physical activity? An exploration of the experiences of first-time mothers from deprived communities  
L. Atkinson, R. L. Shaw, D. P French

**INDIVIDUAL POSTER 1**

a. The influence of social norms and normative misperceptions on suicidal behaviours in adolescents  
J. Quigley, S. Rasmussen, J. McAlaney

b. Lifelong health and wellbeing of the 6-Day Sample of the Scottish Mental Survey 1947  
C. E, Brett, I. J. Deary

c. Validating EMA measures of stress in nurses  
C. Bell, D.W. Johnston, J. Allan, M. Johnston, B. Pollard

d. A survey of parents' views and experiences of the National Child Measurement Programme (NCMP) within NHS Dudley  
L. Atkinson, E. Olander, D. P. French

e. Health Service Redesign in End of Life Care  
L. Lord

f. The effect of the Duke of Edinburgh Award Scheme on the psychological and physical health of young people with intellectual disability  
B. Fitzpatrick, L. Taggart, W. Cousins, G. Breslin

g. Addressing sexuality in health psychology  
J. Semlyen, K. Clayton

h. Teaching medical students theory-based behaviour change techniques: TENT PEGS study  
A. Chisholm, S. Peters, K. Mann, J. Hart

i. Evaluation of impact and effectiveness of a paediatric specialist weight management service for children  
K. Flett, R. Povey, M. Forshaw
PATIENT EXPERIENCE

a. A pilot study of a novel eco-therapy based intervention for individuals affected by cancer: preliminary findings and lessons learnt
   C. Phelps, C. Butler, C. Hughes

b. Exploring the views of patients, parents and health professionals about what constitutes successful transition for young people with liver transplants
   J. Arkley, L. Elwell, J. Wray, D. Kelly

c. Living with an ICD: experiences of patients and partners living with an Implantable Cardioverter Defibrillator
   N. Humphreys, R. Lowe, J. Rance, M. Price, P. Bennett

d. People living with multiple sclerosis report improved quality of life and psychological distress after attending HOPE MS programme
   A. Turner, D. McHattie, V. Harker, N. Holmes, K. Robertson

e. Unmet Psychosocial Needs in Haematological Cancer: a systematic review of the literature
   B. Swash, N. Hulbert-Williams, R. Bramwell

f. Everyday stressors, cortisol secretory activity, and fatigue in relapsing-remitting multiple sclerosis
   D. Powell, W. Schlotz, C. Liossi, R. Moss-Morris

g. RESTORE: Trial protocol of an online intervention to enhance self efficacy to self manage cancer related fatigue
   C. Grimmett, M. Breckons, L. Calman, J. Corner, D. Fenlon, A. Richardson, P. Smith, L. Yardley, C. Foster

h. Mechanisms underlying response shift in people with dentine hypersensitivity: interim results
   M. Krasuska, S. Baker, F. Sufi, A. Barlow, P. Robinson

SELF MANAGEMENT & BEHAVIOUR CONTROL

a. Development and evaluation of ChangeDrinking: a web-based intervention designed to encourage help seeking by problem drinkers
   J. Birtwistle, K. Rumball, G. Tober, D. Raistrick, O. Johnson, B.M. Bewick

b. The efficacy of spirometry testing in motivating smoking cessation for people at risk of Chronic Obstructive Pulmonary Disease (COPD)
   A. Baraniak

c. An investigation of complementary and alternative medicine users, with respect to; beliefs, Schizotypy, health anxiety, and a personal sense of uniqueness
   A. Turvill, D. Sheffield, I.S Baker
d. The influence of meal/snack presentations on expected satiety, hunger and fullness and subsequent food consumption
S. Brown, V. Aris

e. Integrating self-management training into pulmonary rehabilitation: impact on exercise capacity, quality of life and health care utilisation
F. Early, T. Watts, P. Fagan, J. Fulld

f. How Does Mindfulness Training work in Irritable Bowel Syndrome Treatment?
W. Tan, A. Baillie

g. Contextual Cognitive-Behavioural Therapy (CCBT) for the Self-Management of Chronic Pain in the Community: A Feasibility Study
A. Sato, L. Mccracken

h. Exercise rehabilitation after hip or knee replacement: The complementary effects of illness representations and self-efficacy on adherence, functional recovery and emotional well-being
E. Magklara, V. Morrison, C. Burton

Poster session 2, including Health Psychology in Action Posters: Thursday 6th September 17.20-18.20

HEALTH PSYCHOLOGY IN ACTION 1 (Chair Orla Dunn)

a. A thematic analysis of receiving news of a mental health diagnosis – Australian Perspectives on Health Communication
A. Milton, B. Mullan

b. Applying Psychology in Postgraduate Medical Education
C. Tregoning, G. Phazey, A. Brockbank

c. The Evaluation of a Health & Wellbeing Improvement programme (H&WBIP)
L. MacDonald, A. Hooke

d. An Application of Psychological Theory to the Practical Problem of Retained Surgical Swabs in Healthcare
D. D'lima, M. Sacks, W. Blackman, J. Benn

e. An evaluation of the Small Wonders Change Programme
B. Jackson, L. Wallace, K. Anwar, I. Kehal, A. Baum, B. Yoxall, S. Law, M. Campbell
f. A qualitative insight into the NHS Health Check programme in Birmingham
L. Chipchase, J. Waterall

HEALTH PSYCHOLOGY IN ACTION 2 (Chair Anna Chisholm)

a. An exploratory study of a multi-method approach to explore the challenges faced by adolescents with Down’s Syndrome during Adolescence
C. Butler, C. Phelps, C. Hughes

b. Fistula refusal: A qualitative study exploring the accounts and lived experiences of haemodialysis patients deciding against fistula access
J. Hare, M. Forshaw, S. Grogan

c. The use of electronic daily diaries to capture the oral health experiences of individuals with sensitive teeth
J. Porritt, S. Baker

d. The effect of patient mood on the spousal caregiver post stroke
K. Williams, A. Davies

e. Integrating Stress-Management into an Adult Diabetes Service
V. Swanson

PATIENT EXPERIENCES (Chair Martin Dempster)

a. The psychosocial experiences of adolescents living with a parent with diabetes
K. Bould, S. Gallagher

b. A longitudinal study of the psychological impact of a cancer diagnosis: findings from a prospective, population-based cohort study
K. Williams, A. Steptoe, J. Wardle

c. The relationship between pain catastrophizing and gesture production during pain communication
S. Rowbotham, D. Lloyd, J. Holler, A. Wearden

d. ‘A Computer Virus...An Endless Loop That Won’t Stop’: Making sense of the inexplicable in Rheumatoid Arthritis
C. Flurey, M. Morris, J. Pollock, R. Hughes, P. Richards, S. Hewlett

e. The influence of pain acceptance on emotional wellbeing among people with lupus and rheumatoid arthritis in the Caribbean
P. Leon, J. Elander

f. Functional Living in Type II Diabetes: Executive Functioning, Dual Task Performance and the Impact on Postural Stability and Motor Control
   J.E. Else, M. A. Smith, L. Paul, J.K. Foster, K. A. Wesnes, L. M. Riby

g. Coping strategies and adherence of pre-menopausal breast cancer patients on tamoxifen: Their personal experiences
   R. Gordon, A. Manyande

**COMMUNICATION & DECISION MAKING** *(Chair Neil Coulson)*

a. Systematic review of the literature on communication passports for people with communication impairments
   C. Jim, J. Goldbart

b. Communication of the diagnosis of Motor Neurone Disease: views of patients and caregivers
   R. H. Dodd, J. Weinman

c. Why don't people use NHS dental services?
   L. Caveney, F. Fylan, E. Fylan

d. The communication of mental health diagnosis: A Systematic Review
   A. Milton, B. Mullan

e. Empowering prostate cancer patients and their female partners within prostate cancer online support groups
   K. Campbell, N. Coulson, H. Buchanan

g. Can intensions to register for organ donation be predicted?
   F. Peacock, A. Manyande

g. Communication in paediatric palliative care
   E. Gaab, G. Owens, R. McLeod
HEALTH PROFESSIONALS  (Chair Liz Jenkinson)

a. Promoting Psychological Well-Being in Dentists: The Role of Intrinsic Aspirations  
   A. Montasem, S. L. Brown, J. Dickson, R. Harris

b. Chronic Fatigue Syndrome: a qualitative exploration of sufferer’s interactions with healthcare professionals  
   C. Price, E. Sparkes

c. GP isolation: How GPs work with others to help patients stay in or return to work  
   F. Fylan, B. Fylan, L. Caveney

d. Working with children with thalassemia and their families: Healthcare Professionals’ Experiences in Pakistan  
   T. Cartwright, G. Multi, T. Towell

e. Contradiction in talk: Lay perspectives about weight management responsibility and control in consultations with health professionals  
   J. Hart, S. Yelland, A. Mallinson, S. Peters

f. Has the mainstreaming agenda affected the management of the health and health care of people with learning disabilities?  
   R. Menday, R. Gillibrand

g. The consequence vacuum: GPs’ experiences of sickness certification using the fit note  
   E. Fylan, F. Fylan, L. Caveney

h. Does solo responding influence psychological health among emergency ambulance workers?  
   M. Sangster, J. Elander

RISKY BEHAVIOURS  (Chair Angel Chater)

a. The short-term impact of an alcohol brief intervention delivered in the Custody Suite  
   G. Bates, P. Duffy

b. Perceptions of pregnant women of current smoking cessation services  
   S.J. Butterworth, E. Sparkes, A. Trout, K. Brown

c. Member’s experiences of being in a mutual-aid group: A phenomenological comparison of Alcoholics Anonymous and SMART Recovery  
   F. Mcgill, D. Clarke
d. A thematic analysis of perceptions of health risks associated with smoking
H. Afzal

Poster session 3, **Friday 7th September 11.10 – 12.10**

**PHYSICAL ACTIVITY & EXERCISE**

a. A response to treatment audit in a CBT and Graded Exercise based intervention for Chronic Fatigue
L. Gemson, M. Roy, D. Riley

b. Development of a measure to assess adherence to exercise
N. Beinart, E. Godfrey, J. Weinman

c. Psychological theories and techniques used to enhance women’s physical activity during pregnancy
S. Currie, M. Sinclair, D. Liddle, M. Murphy, E. Madden

d. Investigating the influence of interactive game consoles on physical activity motivation & mood: Wii vs Kinect
A. Chater, B. Marsden

e. Can Facebook Make You Fat? A Survey of Self-Reported Physical Activity & Social Networking In University Students
E. O’Leary, W. Cousins, T. Macintyre

f. Experiences of exercise amongst high and low exercisers: An interpretative phenomenological analysis
F. Tabassum, D. Clarke

h. Developing a measure to assess the benefits of physical exercise for people with severe mental illness
L. Whelen, A. Whalley
STRESS & ANXIETY (Chair Mark Roy)

a. Engaging young adults in promoting wellbeing: A photovoice project
K. Wright-Bevans, E. V. Estacio, J. Bailey

b. Screening for depression and anxiety in paediatric diabetes services: Further support from an Australian study
K. Buttigieg, P. Bergman, C. Rodda, M. Hay

c. Stress, Social Support and Mood in Mothers of Infants and Young Children
P. Hutchinson, M. Roy

d. Social Support and Daily Stress Exposure and Affect Disturbance
A. Dent, M. Roy

e. Men’s experiences of prostate cancer and the need for stress management support, ‘I think time obviously does help you to cope with it, but at the time I was devastated’
L. Hackshaw, K. Vedhara, R. das NAIR

f. How does pre-menstrual distress and stress influence psychological wellbeing?
H. Semper, Y. Desai

WEIGHT & EATING

a. The impact of an emotionally expressive writing intervention on bodyweight and eating pathology
N. Kupeli, U. Schmidt, I. Campbell, J. Chilcot, N. Troop

b. Family and female identity as facilitators of healthy eating
K. Banas, J.B.F de Wit, J.F Forbes, M. Johnston

c. Drivers and Barriers to fruit and vegetable consumption in adults: A qualitative research synthesis
S. Howard
d. The development of the Mindful Eating Scale  
S. L. Hulbert-Williams, W. Nicholls, J. Joy, N. Hulbert-Williams

e. Experiences of coping with breast cancer risk though weight control: an Interpretative Phenomenological Analysis  
C. Wright, N. Hulbert-Williams

f. Can an intervention enhancing positive affect lead to weight loss: A pilot study  
A. Chater, A. Green

g. Impact of an investment based intervention on weight-loss and hedonic thoughts post-obesity surgery  
M. Husted, J. Ogden

h. The role of self-efficacy, locus of control, exercise and diet in predicting BMI in normal weight, overweight and obese individuals  
R. Knibb, C. Swift

i. Exploring sex differences in the relationships between compensatory health beliefs and health beliefs about obesity  
K. Quincey, H. Semper

j. Drug Use in Weight Management: an Interpretative Phenomenological Analysis  
A. Mendieta-Tan, S. L. Hulbert-Williams, W. Nicholls

**INDIVIDUAL POSTERS 2 (Chair Erica Cook)**

a. The Effects of an Electronic Coping-Enhancement Programme for Bereaved Women on Psychosocial Factors in Breast-Cancer Development  
J. Eberhardt, A. van Wersch, P. van Schaik

b. Stranger at the Gate: Terror Management Theory explains negative perceptions of Palliative Care in Parkinson’s Disease  
G. Kernohan, W. Cousins, M. Waldron

c. The 2nd to 4th digit ratio (2D:4D), lifestyle choice, muscle dysmorphia and body dissatisfaction in males  
J. Pulman, E. Buckley, N. Caswell
d. Development of a population and situation specific self-efficacy measure: the UKC-PostCarD Scale (Understanding, Knowledge and Confidence in providing Postural Care for children with Disabilities)
S. Hotham, E Hutton, K. Hamilton-West

e. Characterising interventions to improve GP referral to secondary care using the Behaviour Change Wheel
S. Dowling, L Atkins, R. West, S. Michie

f. An exploration of accounts of seizures: an Interpretative Phenomenological Analysis (IPA)
V. Featherstone, P. Campion, A. Sandfield

g. Manipulating Parkinson’s patients’ implicit theories of their ability to affect vocal characteristics, prior to introduction to a smart-phone speech therapy application

h. ‘One nuclear emotion that truly will dull your senses’: A qualitative analysis of the experience of a relative of a major organ transplant recipient
K. Atherton, H. Lee

i. The physical and psychological impact of using a computer-based environmental control system: A case study
L. Squires, V. Morrison, F. Rush, A. Hopkinson