Introduction

This database has been updated by the British Psychological Society’s Section on Crisis, Disaster and Trauma Psychology, on behalf of the Society’s Professional Practice Board, with the aim of helping members gain access to relevant resources in their work with those psychologically affected by disasters and other major incidents.

The database includes areas of knowledge relevant to the epidemiology and assessment of psychological reactions to disasters, as well as their ethical, cultural, legal, and research aspects. It also includes material on planning and intervention before, during, and after major incidents.

The database is deliberately selective with the aim of directing members to those resources that in the opinion of the Crisis, Disaster and Trauma Section are likely to be among those that are up to date and as far as possible evidence-based.

The resources represent a starting point for those involved in disaster responding and we hope provide a useful introduction to the many facets of this work.

The Professional Practice Board will be reviewing and updating this database. You can use the Section’s website to make comments or to discuss the content of the database with fellow section members.
PTSD and Trauma


Jones, E. Wessely, S. (2005) *Shell Shock to PTSD: military psychiatry from 1900 to the Gulf War*, Hove, Taylor Francis


Epidemiology


Assessment and Screening

Assessment


Screening


Children and War Foundation, Child Assessment and Screening Measures to download [http://www.childrenandwar.org/measures/](http://www.childrenandwar.org/measures/)

Trauma Groups

Children and Young People

Broberg, A. et.al. (2005) The Goteborg discotheque fire posttraumatic stress and school adjustment as reported by the primary victims 18 months later. *Journal of Child Psychology and Psychiatry*, 46, 1279-1286


Trauma and the elderly


Disabilities and PTSD


Gender and PTSD

Kline, A. et al. (2013) Gender Differences in the Risk and Protective Factors Associated With PTSD: A Prospective Study of National Guard Troops Deployed to Iraq, Psychiatry: Interpersonal & Biological Processes. 76 (3), 256-272


Pan American Health Organization. Gender and natural disasters (Factsheet). http://www.paho.org/English/AD/GE/genderdisasters.PDF

Culture


Dyregrov, A. et al. (2002). Is the culture always right? Traumatology, 8, 135–145.


Research and Evidence Based Practice


Hawker DM, Durkin J, Hawker DS (2011) To debrief or not to debrief our heroes: that is the question, Clinical Psychology & Psychotherapy,18(6):453-63.


Research Ethics


Attachment and Loss in Trauma


Herman, J. (1992) *Trauma and Recovery: the aftermath of violence from domestic abuse to political terror*. New York: Basic Books


**Traumatic Grief**


Dissociation and Depersonalization in relation to Trauma


Lynch, S M (2007) ‘Attending to Dissociation: Assessing Change in Dissociation and Predicting Treatment Outcome’ *Journal of Trauma & Dissociation*


Reinhold, N and Markowitsch, H J (2009) ‘Retrograde episodic memory and emotion: a perspective from patients with dissociative amnesia’ *Neuropsychologia, 47*(11), 197-206


Sierra, M, Baker, D, Medford, N, David, A S (2005), Unpacking the depersonalisation syndrome an exploratory factor analysis on the Cambridge Depersonalisation Scale. Psychological Medicine, 35, 1523-1532


At Risk Groups

Secondary Trauma


**Military Trauma**

Busuttil, W., Busuttil, A. (2001) Psychological effects on families subjected to enforced and prolonged separations generated under life threatening situations, *Sexual and Relationship Therapy* 16 (3) 207-228


**Emergency Services Trauma**


Child Abuse


Complex Trauma


**Victims and Offenders**


Herman, J.L. (1992) *Trauma and Recovery – from domestic abuse to political terror*, London, Pandora


Resilience and Post Trauma Growth

Resilience


Almerdom, A. Glendon, D. (2007) Resilience is not the absence of PTSD any more than health is the absence of disease, *Journal of Loss and Trauma*, 12 127-143


Post Trauma Growth


Interventions

Treatment Models


Deblinger, E. Et al. (2011) Trauma focussed cognitive behavioural therapy for children, impact of trauma narrative and treatment length, Depression and Anxiety, 26 67-75.


Debriefing

British Psychological Society. (2002). Psychological Debriefing, Leicester, BPS

British Psychological Society (2015) Early Interventions for Trauma: Proceedings from symposia held by Crisis, Disaster and Trauma Section, 25 November 2014 and 8 January 2015

Hawker DM, Durkin J, Hawker DS (2011) To debrief or not to debrief our heroes: that is the question, Clinical Psychology & Psychotherapy, 18(6):453-63.


OPSIC (2015) The Comprehensive Guideline on Mental Health and Psychosocial Support (MHPSS) in Disaster Settings. This lists most guidelines relevant to Crisis, Disaster and Trauma Psychology.


Turunen, Tuija (2014) Trauma Recovery After a School Shooting
Media and the Law

Media


Law


Emergency Planning

**Pre-disaster/Planning**


**Preparation for major incidents**


**Emergency Planning**


Preparing Scotland (2003)– Responding to the psychosocial and mental health needs of people affected by emergencies. Scottish Government Publication www.scotland.gov.uk


**Terrorism**

The Terra project produced a tool kit to alert professionals to radicalisation of youth. Obtainable at: www.terra-net.eu or www.terratoolkit.eu.

**Business Continuity**


Useful Web Sources

European Society for Traumatic Stress Studies  www.estss.org
International Society for Traumatic Stress Studies  www.istss.org
US National Center for PTSD  www.ptsd.va.gov
Impact (Dutch knowledge and advice centre for post-disaster psychosocial care)  www.impact-kenniscentrum.nl
David Baldwin’s trauma pages:  www.trauma-pages.com
Disaster Action (UK charity supporting survivors and bereaved)  www.disasteraction.org.uk
Sudden Trauma Information Service Helpline (STISH)  www.stish.org
Children and War Foundation  www.childrenandwar.org
Child Trauma Institute  www.childtrauma.com
Red Cross/Crescent  www.redcross.org.uk/