

health psychology

'Health and well-being are so important to most people it makes being a chartered health psychologist very exciting. The media seem particularly keen on focusing on all the latest biomedical research, but I see my work as equally important because it contributes to the prevention of serious conditions such as coronary heart disease, AIDS and cancer. One of the interventions I was involved in designing could prevent 10,000 deaths a year if applied in the United States.'

Dr Chris Armitage, University of Sheffield



Where do health psychologists work?

Hospitals, health centres, universities, work organisations and research units.

What do they do?

Research, teaching, and consultancy. Health psychology is the practice and application of psychological research into: the promotion and maintenance of health; prevention and treatment of illness; the analysis and improvement of the health care system and health policy formation.

How do you become a health psychologist?

Degree in psychology; MSc in health psychology two years' supervised experience.

www.bps.org.uk/careers



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