Database of disaster resources

Disasters, Crisis and Trauma Working Party

March 2008
Introduction

This database was compiled by the British Psychological Society's Working Party on Disaster, Crisis and Trauma with the aim of helping members gain access to relevant resources in their work with those psychologically affected by disasters and other major incidents.

The database includes areas of knowledge relevant to the epidemiology and assessment of psychological reactions to disasters, as well as their ethical, cultural, legal, and research aspects. It also includes material on planning and intervention before, during, and after major incidents.

The database is deliberately selective with the aim of directing members to those resources that in the opinion of the Working Party are likely to be among those that are up to date and as far as possible evidence-based. The resources represent a starting point for those involved in disaster responding and we hope provide a useful introduction to the many facets of this work.
General

PTSD and trauma texts

Disaster mental health

Assessment of PTSD
International Society of Traumatic Stress Studies resources: http://www.istss.org/resources/browse.cfm
National Center for PTSD resources: http://www.ncptsd.va.gov/ncmain/assessment/


**Epidemiology of PTSD**


**Effects on children and families**


Gender


Pan American Health Organization. *Gender and natural disasters* ( Factsheet).
http://www.paho.org/English/AD/GE/genderdisasters.PDF

Culture


Research methods

Ethical issues

Legal issues
Pre-disaster/Planning

**Risk analysis and crisis planning**


**Preparation for major incidents**


**Training and transfer**


**Civil Emergency Procedures**

http://www.ukresilience.info/preparedness/emergencyplanning.aspx


http://www.ccohs.ca/oshanswers/hsprograms/planning.html

http://www.teachernet.gov.uk/emergencies/ (Guidance for schools)

**Managing Crowds**


**Risk Factors for Developing PTSD**


During disaster/Immediate responses

Psychological first aid


Debriefing


Psychology of decision making


Functioning of disaster responders

Psychology of perpetrators (terrorists, hostage takers, etc.)


Role of the media
The Dart Center: http://www.dartcenter.org/regions/london/index.html


Bioterrorism
After disaster/Mental health interventions

International Society of Traumatic Stress Studies resources:
   http://www.istss.org/resources/browse.cfm

Katz, C.L. et al. (2002). Research on psychiatric outcomes and interventions
   subsequent to disasters: a review of the literature. Psychiatry Research, 110,
   201–217.


Ritchie, E.C. et al. (Eds.) (2006) Interventions following mass violence and disasters:
   strategies for mental health practice. New York: Guilford Press.

Rosenfield, L.B. et al. (1995). When their world comes apart: Helping children and

   Individual and community health interventions. Cambridge: Cambridge
   University Press.

Screening/identification

   Stress, 18, 53–62.

Brewin, C.R. et al. (2002). A brief screening instrument for posttraumatic stress

   bombings: A screen and treat approach. Journal of Traumatic Stress, 21,
   3–8.

Horwitz, A.V. (2007). Distinguishing distress from disorder as psychological
   outcomes of stressful social arrangements. Health: An International Journal
   for the Social Study of Health, Illness and Medicine, 11, 273–289.

Klein, S. et al. (2002). The Aberdeen Trauma Screening Index: an instrument to
   predict post-accident psychopathology. Psychological Medicine, 32, 863–871.

   instrument. University of California, Los Angeles.

Steinberg, A. et al. (2004). The University of California at Los Angeles Post-
   traumatic Stress Disorder Reaction Index. Current Psychiatry Reports, 6,
   96–100.
Early intervention


Chemtob, C.M. et al. (2002). Psychosocial intervention for post disaster trauma symptoms in elementary school children. *Archives of Paediatric and Adolescent Medicine, 156*, 211–216.


Bereavement/grief


**Treatment of chronic posttraumatic reactions**


**Long-term outcomes**


**Secondary traumatisation**


**Organisational responses**


Resilience


Learning Lessons


**WEB LINKS**

UK Trauma Group (specialist traumatic stress treatment centres in the UK): http://www.uktrauma.org.uk

European Society of Traumatic Stress Studies: http://www.estss.org

European Federation of Psychologists’ Associations website on disaster, crisis, and trauma psychology: http://disaster.efpa.be/

International Society of Traumatic Stress Studies resources on terrorism and disaster: http://www.istss.org/resources/public.cfm

US Department of Veterans Affairs National Center for PTSD: http://www.ncptsd.va.gov/ncmain/index.jsp

National Center for PTSD factsheet on disasters for health care providers: http://www.ncptsd.va.gov/ncmain/healthcare/fact_sheets/treatment/index.jsp

National Center for PTSD factsheet on disasters for survivors: http://www.ncptsd.va.gov/ncmain/information/trauma/disaster/general_ndis.jsp

National Center for PTSD factsheet on disasters for mental health care providers: http://www.ncptsd.va.gov/ncmain/providers/fact_sheets/trauma_type/type_disaster.jsp

Impact (Dutch knowledge and advice centre for post-disaster psychosocial care): www.impact-kenniscentrum.nl.

David Baldwin’s trauma pages: http://www.trauma-pages.com/

University of Michigan Disaster Research and Mentoring Center: http://www.sph.umich.edu/drem/

Disaster Action (Charity supporting survivors and bereaved):
   www.disasteraction.org.uk
Sudden Trauma Information Service Helpline (STISH): http://www.stish.org
Children and War Foundation: http://www.childrenandwar.org
The National Child Traumatic Stress Network:
   http://www.nctsnet.org/nav.do?pid=hom_main
Child Trauma Institute: http://www.childtrauma.com
American Academy of Pediatrics (children and disasters pages):
   http://www.aap.org/disasters/index.html
American Red Cross (children and disasters pages):
   http://www.redcross.org/services/disaster/0.1082.0_602_00.html
International Federation of Red Cross and Red Crescent Societies (psychosocial support pages): http://psp.drk.dk/sw2955.asp

All web links accessed 18 April 2008.
The British Psychological Society was founded in 1901 and incorporated by Royal Charter in 1965. Our principle object is to promote the advancement and diffusion of a knowledge of psychology pure and applied and especially to promote the efficiency and usefulness of Members of the Society by setting up a high standard of professional education and knowledge.

The Society has more than 46,000 members and:

- has offices in England, Northern Ireland, Scotland and Wales;
- accredits undergraduate programmes at 117 university departments;
- accredits 143 postgraduate programmes at 84 university departments;
- confers Fellowships for distinguished achievements;
- confers Chartered Status on professionally qualified psychologists;
- awards grants to support research and scholarship;
- publishes 11 scientific journals, and also jointly publishes Evidence Based Mental Health with the British Medical Association and the Royal College of Psychiatrists;
- publishes books in partnership with Blackwells;
- publishes The Psychologist each month;
- supports the recruitment of psychologists through the Psychologist Appointments section of The Psychologist, and www.psychapp.co.uk;
- provides a free ‘Research Digest’ by e-mail and at www.bps-research-digest.blogspot.com, primarily aimed at school and university students;
- publishes newsletters for its constituent groups;
- maintains a website (www.bps.org.uk);
- has international links with psychological societies and associations throughout the world;
- provides a service for the news media and the public;
- has an Ethics Committee and provides service to the Professional Conduct Board;
- maintains a Register of nearly 15,000 Chartered Psychologists;
- prepares policy statements and responses to government consultations;
- holds conferences, workshops, continuing professional development and training events;
- recognises distinguished contributions to psychological science and practice through individual awards and honours.

The Society continues to work to enhance:

- recruitment – the target is 50,000 members;
- services to members – by responding to needs;
- public understanding of psychology – addressed by regular media activity and outreach events;
- influence on public policy – through the work of its Policy Support Unit, Boards and Parliamentary Officer;
- membership activities – to fully utilise the strengths and diversity of the Society membership;
- operates a Psychological Testing Centre which sets, promotes and maintains standards in testing.

The British Psychological Society
St. Andrews House, 48 Princess Road East, Leicester LE1 7DR, UK
Telephone 0116 254 9568  Facsimile 0116 247 0787  E-mail mail@bps.org.uk  Website www.bps.org.uk